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Warriors blanked
GCHS booters lose to Chaminade
in Tournament of Champions final
Sports, Page B1

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VOLUME 30, NUMBER 82

WEDNESDAY, OCTOBER 13, 1999

FIFTY CENTS

Tri-Cities Chamber holding tour today

Event hopes to lure investment in area

By Scott Cousins
Staff writer

About 50 St. Louis area developers expect to see what the Tri-Cities area has to offer during a tour today.

The Tri-Cities Chamber of Commerce organized the tour, which includes almost a dozen potential large development sites.

It is designed to acquaint potential St. Louis investors with development sites in the Tri-Cities area, and point out potential opportunities in newly developed areas.

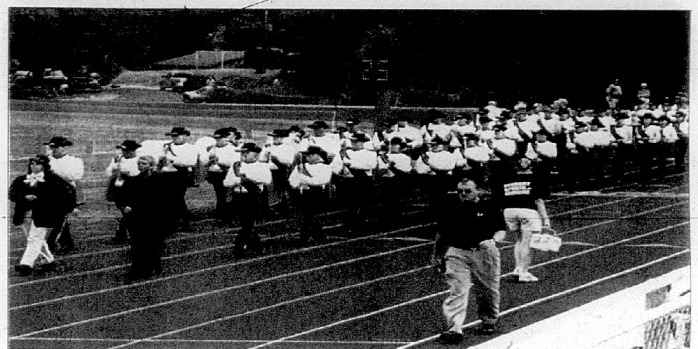
The program also includes

talks on new development advantages and incentives such as the state's Illinois First and Economic Development for a Growing Economy programs. The EDGE program - enacted in August and run by the Illinois Department of Commerce and Community Affairs - offers tax credits based on employee payroll to new businesses locating in Illinois.

The tour is set to begin at 7:30 a.m. at Gateway National Golf Links and Gateway International Raceway in Madison.

From there, the tour is expected to go to the Granite City City Hall, Melvin Price Support Center, Tri-City

Regional Port District, Granite City Industrial Park, Northgate Industrial Park, AmerenUE property north of Interstate 270, Triple Crown Railroad's new intermodal yard near Illinois Route 111 and Interstate 270, Gateway Commerce Park and the Gas farm in Ponton Beach. In addition to the Chamber, participating agencies include Madison County Community Development, the cities of Madison, Venice and Granite City, the village of Ponton Beach, Regional Commerce and Growth Association, Leadership Council Southwestern Illinois, Southwestern Illinois Development Authority and DCCA.



The Granite City High School Marching Warriors take to the field at a recent competition. The band is launching a fund-raising drive for new uniforms for the 2000-2001 school year.

GCHS band launching fund-raising campaign

New uniforms sought for 2000-2001 school year

By Mike Heil
Staff writer

Granite City High School band director Ben Jackels would like to see members of the Granite City High School band wearing new uniforms.

The uniforms date back to 1987 and are in need of replacement," Jackels said. Besides Jackels, the Marching Warriors Band Parents Association would like to see the uniforms replaced by the 2000-2001 school year. Jackels said that can only be accomplished with the assistance of band members, the Marching Warriors Band Parents Association, the school district and the

community. "We need assistance," Jackels said. "The Marching Warriors are one of the most visible organizations in Granite City, and one that represents our community with great pride and respect."

According to Jackels, new uniforms would cost about \$37,000. The Marching Warriors Band Parents Association intends to pick up one third of the cost, or about \$12,000.

"It is possible the district could offer assistance as well. For those would like to donate to the Marching Warriors Uniform fund, contact Jackels at 451-5808 or Marching Warriors Band Parents Association President Nancy Truets at 931-0391.

Twin fires termed 'suspicious'

State Street apartments sustain \$40K in damage

By Mike Heil
Staff writer

Two fires that ripped through two apartments in the 1700 block of State Street in a three-day period are being called suspicious by investigators.

"They're suspicious. That's about all I can say as of now," said Art Asadorian, fire inspector/paramedic firefighter for the Granite City Fire Department.

The first fire, which occurred Saturday about 5:30 a.m. in apartment 5, upstairs, caused an estimated \$20,000 in damages. When firefighters arrived, Asadorian said the back of the apartment was engulfed in flames, prompting firefighters to

fight the fire from the rear of the apartment. The second fire, which occurred Monday about 1:55 a.m. in apartment 1, downstairs, also caused about \$20,000 in damages. It began in the bedroom, which, Asadorian said, was engulfed in flames when firefighters arrived.

No one was reported injured, but the damage resulted in six persons being vacated from the apartments, Asadorian said.

"We had to get everybody out because there was quite a bit of damage done to the electrical wiring, Asadorian said. "We don't expect the power to be coming on soon."

Six of the nine apartments were rented. The residents are being housed by the American Red Cross.

Squires: Company, city linked forever

Bright times are ahead for Granite City, GC Steel, CEO says in speech

By Scott Cousins
Staff writer

Granite City Steel and Granite City grew together and went through hard times together and will continue to do both.

That was the message from Granite City Steel CEO Jim Squires at the Tri-Cities Area Chamber of Commerce annual meeting Thursday at the Sunset Hills Country Club in Edwardsville.

Other high points of the evening included naming Leo Wolf the recipient of the annual Citizens' Achievement Award, and Roger Miller of Gateway Packaging as the winner of the Sam Walton Business Leader Award.

The Chamber's Citizen's Achievement Award is given to someone who makes significant contributions to the Tri-Cities area over a long period of time, and for having a positive impact on a broad segment of the community.

The annual meeting will also include the installation of newly elected officers.

New officers for the coming year were also installed at the

meeting. Glenn O'Bryan will serve as president. Other officers are First Vice President Robin Thomas, Second Vice President Jack Grieves, and Treasurer Joe Ribbing.

In his speech, Squires said, "The history of Granite City and Granite City Steel cannot be separated."

Since 1980, major changes have increased productivity while decreasing the work force at the plant, and the company needs to continue to become more efficient.

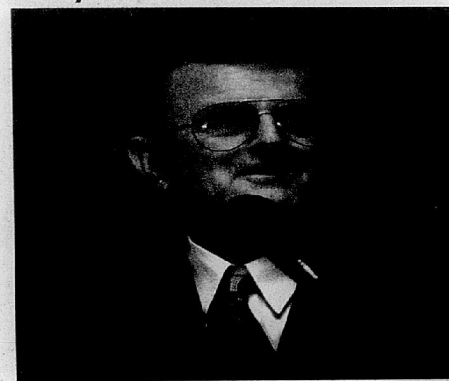
Squires said that reflects a nation-wide trend. In 1980, he said there were 428,000 steelworkers in the U.S. and 4,513 at Granite City Steel. In 1998, there were 169,000 nationwide and 2,558 at Granite City.

"It's sad, but it happened," he said. "It had to happen for us to exist. If it hadn't happened, there would be no U.S. steel industry."

However, he said it also forced the steel industry to invest huge amounts of money to modernize.

In that same time, productivity has almost tripled, and production has nearly doubled.

Squires added that analysts



Granite City Steel president Jim Squires speaks to the Tri-Cities Chamber of Commerce annual meeting in Edwardsville.

had predicted the "demise" of Granite City Steel. "They said we had no chance. They were wrong," he said. He also said the industry has to continue to improve productivity, and that will include reduc-

Area gasoline prices reach year's peak

GC motorists paying \$1.29 a gallon

By Curtiss A. Hartley
Staff writer

Gasoline prices reached the highest point of the year in this area last week, and there's only a slight drop expected.

According to AAA Auto Club of Missouri, prices throughout the Midwest reached an average of \$1.23 per gallon last week. That's over a quarter more than a year ago.

A spot-check of service stations in the area Monday revealed prices for unleaded gasoline ranging from \$1.18 per gallon in Belleville to \$1.29 per gallon in Granite City.

Mike Right, a spokesman for AAA, said that those prices have moderated a little, but said he could only speculate on future trends.

"I suspect in the immediate future the prices should continue to moderate," he said. "Crude is coming down, as is wholesale gasoline."

Right said there are two factors driving the current market. He said Organization of Petroleum Exporting Countries nations are not adhering closely to stringent cutbacks in produc-

tion they had announced earlier this year. And non-OPEC countries are signaling a possible increase in production, which would help drive prices lower.

He said as OPEC countries ease up on production limits, and other nations increase production, prices for crude oil and wholesale gasoline should start to moderate.

"As a result of those two things half-way around the world, we may see a lowering of prices in the future," Right said.

Last week's high prices, he said, were a result of OPEC's attempts to keep the price of a barrel of crude oil up above \$20.

"What has happened, of course, is oil prices are up over 50 percent in crude and wholesale."

Correction

Due to a production error, the front page of the Oct. 6 Granite City Journal was inadvertently reprinted Sunday.

The stories intended for Sunday's paper are included in today's paper.

The Journal regrets the error.

fairWeather 5
KSDK-TV NewsChannel 5 Weather Source Team
Wednesday 64/47 Thursday 70/51 Friday 70/48 Saturday 65/44

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News

Granite City prepared for possible Y2K problem

Selph: No need to panic, we'll be ready just in case

By Mike Heil
Staff writer

It's called the Y2K bug, the year 2000 computer glitch that many people fear may cause chaos nationwide from power outages and computer failures. If a crisis occurred in Granite City, would the city be prepared?

"We got a good jump on the situation and feel confident that the city will be able to handle whatever obstacles may occur," said Mayor Ron Selph.

The past year, Selph said, the city has worked indefatigably to prepare for possible Y2K problems.

Police and fire departmental computers have been upgraded and are now Y2K efficient.

Departments that are not Y2K ready are in the process of working out their kinks, Selph

said, and will be by Jan. 1. "I urge citizens not to panic, but simply prepare for rollover night as they would for any other possible short-term emergency, such as a storm," Selph said.

"While we must take this seriously, one of our greatest concerns is to minimize panic," Ray Schultz, emergency service disaster agency coordinator, said that despite the city's positive outlook a contingency plan has been established.

"We certainly believe that the Y2K bug is 90 percent hype and 10 percent probability, but we must consider all possible interruptions in municipal service and be prepared to handle these situations with a direct plan."

The plan consists of an emergency operation center, located at the Granite City Police Station, 2230 Madison Ave.

The station will be equipped with back-up generators in case of power failures and, if neces-

sary, will be used as a heat shelter for rollover night.

Emergency personnel, Schultz said, will be at the center on New Year's Eve, ready to handle emergency situations.

"The city's radio communication system will not be affected by Y2K and thus will allow police, fire and street departments to stay in contact with the operation center," Schultz said.

"Also, the city has worked closely with the Granite City School District and the American Red Cross to provide and man heat shelters for rollover night, if needed."

If problems would occur, Schultz said, public officials suggest that residents be prepared by having the following: a three day supply of bottled water and food, operable flashlights with batteries, a battery-operated portable radio, first aid supplies and, if necessary, filled medical prescriptions.

Madison council moves to acquire Chouteau land

Property includes site for proposed golf course

By Scott Cousins
Staff writer

Madison City Council members took steps to acquire several large areas of property on Chouteau Island at Tuesday's meeting.

Council members granted permission for Waste Management Inc. and Madison County to deed property on the island over to the city.

The property includes the Chain of Rocks Landfill, which is expected to close in two years, and former residential properties bought out by the Federal Emergency Management Agency after the 1993 and 1995 floods.

The properties would eventually be used in the city's plans for a major recreational and natural area on the island.

Very tentative plans include the construction of a golf course on the landfill.

Waste Management, city and Illinois Environmental Protection Agency officials have met in the past month to discuss the closing of the landfill.

Mayor John Hamm said IEPA officials told him that if the city wants to build some kind of recreational facility on the landfill site, discussions on how the landfill would be capped must be conducted now.

Hamm and Building Inspector George Hlava recently went to the Chicago area to tour a golf course that has been in operation on a landfill for some time. Both said the operation was very impressive.

The county-owned land is former residential property located on both sides of Interstate 270.

The land was bought out by FEMA after the floods and

"The Madison City Council took the first steps to acquire the land needed on Chouteau Island for proposed recreational facilities on the island, including a golf course."

turned over to the county. As part of the buyout agreement, the property can only be used for agricultural, recreational or greenspace uses, and permanent

structures cannot be built on it. As part of the agreement settling the lawsuit brought by the State's Attorney's office over the city's annexation of Chouteau.

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SWIDA-GIR parking lot case accepted by Supreme Court

Case concerns eminent domain powers over land

By Scott Cousins
Staff writer

A case involving an attempt by the Southwestern Illinois Development Authority to take a 144-acre site

MADISON west of Madison for a race track parking lot will be heard by the Illinois Supreme Court next year.

On Wednesday, the court announced that it would consider an appeal from SWIDA on the case.

The case stems from SWIDA's use of quick take eminent domain to seize land belonging to National City Environmental LLC. The land is just west of Gateway International Raceway and was to be sold to the raceway for use as a major parking lot.

NCE filed a suit seeking to stop SWIDA. A St. Clair County judge ruled in favor of the agency, but the 5th District Appellate Court in Mount Vernon ruled in favor of NCE. SWIDA asked for the court to reconsider its decision, but that appeal was denied.

In its April 1999 ruling, the court said the agency improperly used its eminent domain powers - the power to take private property for public uses - for the economic benefit of one company, Gateway International Raceway.

In a separate concurring opinion, one of the appellate judges argued that the legislation giving SWIDA quick-take powers was unconstitutional.

Attorneys for NCE successfully argued that the land could be taken only for public use rather than to benefit an individual company such as the raceway.

The court agreed with the company, stating that the expansion of Gateway parking is a private use, rather than a public use.

"Notwithstanding any incidental economic benefit from SWIDA's Actions in this case, we cannot subordinate a constitutional right to private corporate interests," the court said.

"If property ownership is to remain what our forefathers intended it to be...the economic byproducts of a private capitalist's ability to develop land cannot justify a surrender of ownership..."

Justice Clyde Kuehn
Illinois Fifth Appellate Court

In a separate opinion, Justice Clyde Kuehn said he believes the law that allowed SWIDA the authority to take the property was unconstitutional.

"If property ownership is to remain what our forefathers intended it to be...the economic byproducts of a private capitalist's ability to develop land cannot justify a surrender of ownership to eminent domain," he said.

Kuehn added that allowing government agencies to take private property for other private interests would benefit a "privileged few."

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The case will be heard in the spring, with a decision some time after that.

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Former Alorton mayor's fraud trial back on track

Judge in case replaced; trial to resume soon

By Mike Meyers
Staff writer

A telephone call by a near-frantic federal prosecutor during a recess March 1 brought Callie and Jimmie

Mobley's day in court to a screaming halt. But in an "endeavor to get this case back on track without ado" the U.S. 7th Circuit Court of Appeals issued a ruling Sept. 30 that will put their case back in court, and because of what it called "clearly erroneous" decisions by U.S. Judge Paul Riley, it will be with a new judge.

Early the morning of March

1, just before the beginning of Mobley's trial in U.S. District Court in East St. Louis on charges of conspiring to steal from the Village of Alorton, Riley, based on a motion filed for the Mobleys three weeks earlier and, in at least one case apparently on his own, ruled large portions of the indictment could not be presented in court.

The indictment charged Callie Mobley, the former Alorton mayor, had received more than twice the salary she was entitled to and Jimmie Mobley, the former street superintendent, had village employees perform extensive remodeling work on the couple's home and on rental properties they owned.

Following Riley's rulings, prosecutors from the U.S. Attorney's Office said an appeal would be filed, but, according to court record, Riley said, "I just hate to waste the court's time, the jury's time. They are all sitting out there. You can see them as well as I can, and I just find it difficult to sit here doing nothing, awaiting a decision from Washington."

Then, over the prosecutor's observation that it could raise double jeopardy problems, Riley began the trial. During a recess, however, the prosecutor managed to get telephonic approval for an appeal and, faced with that, Riley sent everyone home.

In its decision, the appellate court said it sympathized with Riley's concern about "disrupting the lives of witnesses, potential jurors and other persons," but said "the rulings on the morning of March 1 substantially altered the way the trial would proceed. Preparation would have been thrown skitter; both sides would have had to wing it during the trial, which does not conduce to accurate outcomes."

Cultural town hall event slated for East St. Louis

Writers, artists share visions during event

By Mike Myers
Staff writer

Experience, guitarist Jimi Hendrix said, should make you grow broader, not just older.

Anyone coming to East St. Louis City Hall at 6:30 p.m. Tuesday for the 19th annual Break Word with the World will discover exactly what Hendrix meant. And perhaps more.

It is a cultural town hall meeting, said East St. Louis poet Eugene Redmond, "an alternative to the entertainment, and culture so-called provided by the mainstream media."

This year will feature a consciousness-raising forum of poetry, commentary and anecdotes. We've got a rich crossroads of poets," Redmond said. "There are men and women of various cultures. There are African-Americans, European-Americans, Latinos and Jewish-Americans. We have a rich array each sharing their work."

"We have an intergenerational makeup; young middle-

aged and some seniors. We have people from a variety of walks-of-life from a variety of branches of the ethnic tree."

Poets reading their work include Redmond, David Nelson, Rosemary Monaco, Marcus Atkins, Cheryl D. S. Walker, Sherman Fowler, Paula Warren, Michael Castro, Darlene Roy, Wayne Lanter, Evon Udoh, Mildred Anderson and Donna Biffar.

"The world-renowned Drum & Dance Ensemble from the Katherine Dunham Children's Workshop will perform a couple of numbers or so," Redmond said. "They've recently performed in Italy and France and in June they'll be going to Brazil."

A special feature will be the introductory work of the Renaissance Literary Dream Team, a group of pre-teens and teen-agers who, under the direction of local publisher Deborah Granger and East St. Louis High School teacher Redina Medley, are learning to write, publish and market their own books.

"It should be a very, very rich mix and a very enjoyable evening," Redmond said.

The event is being sponsored by the Eugene B. Redmond Writers Club, Southern Illinois University at Edwardsville's English Department, SIUE Black Literary Guild,

Drumvoices, Revue, Black Rivers Writers Press/Quint-Time Publishing and East St. Louis Project.

"Break Word with the World, held simultaneously in 13 cities across the country, began as the brainchild of Oakland poet Ishmael Reed of PEN Oakland and the University of California Berkeley.

Ishmael called me to see if the writers club would participate in a 13-city forum to examine the media for a tendency to scapegoat groups of citizens," Redmond said.

"Things like women ask to be raped, inner-city males are responsible for drugs and crime. Blame placed on a group because of its religion, sexual orientation, poverty, homelessness, etc."

Part of the plan was to call for a boycott of mainstream media for a month and, through the use of a town hall gathering, provide an alternative media.

We decided locally to call ours Break Word with the World and it's caught on," Redmond said. "It was set up as a one-time thing, but we're about to do our ninth one."

It's our richest program of the year with diversity, plurality, cross-culture, just a great make-up."

The works from each of the forums across the country each year are gathered and published as Break Word with the World with an introduction written by Reed. Copies of Break Word with the World-7 and 8 will be available for purchase at the event.

Drumvoices is the semi-annual co-publication of the SIUE English Department and EBR Writers Club.

Included in the issue are interviews with Katherine Dunham, Pulitzer Prize winner Yusuf Komunyakaa and Reynolds Price and poems, essays, fiction, commentary and photos by variety of contributors, including Margaret Simons, Rohan B. Preston, Elizabeth Alexander, Jeffrey Skolow, Lerone Bennett Jr., Joanne Gabbin, Raymond Patterson, Mariabaddess Ekere Tallie, Danny Romero, Jane Ellen Ibur, Virgil Suarez, John Knoepfle and James Lewis.

For more information, contact SIUE's East St. Louis center or the main campus in Edwardsville during regular business hours.

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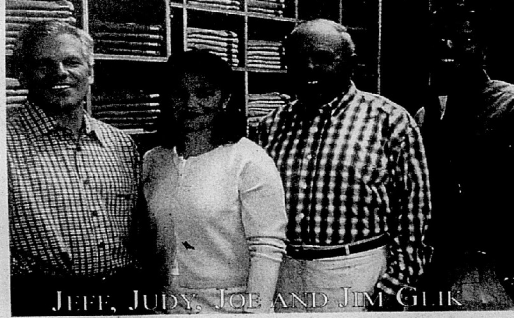
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Cost savings would be substantial, Boland says in visit

By Wade Alberty
Staff writer

other states and the District of Columbia show that mail-in ballot elections save the taxpayers money and increase voter turnout," Boland said.

He said that in California mail-in elections have reduced cost 25 to 50 percent, compared to polling place elections.

Money is saved from not having to pay for election judges, rental of space, delivery of polling booths, machines, materials, multiple sets of voter lists and other

items, Boland said.

"There is a dramatic increase in voter turnout," he said. "The convenience of mail-in ballots encourage participation, particularly with senior citizens, those physically challenged and young voters."

"In today's world with people working two jobs and trying to juggle family time with school, community, and other activities, we ought to be making voting as easy as possible."

"In Kansas, voter turnout has been 78 percent, turnout has doubled in California and in Florida turnout has increased from a low of 40 percent to a high of 80 percent."

-In Las Vegas, 45 percent had already voted before the last weekend before the elec-

Two bills will go before the house in the spring session in 2000, Boland said.


House Bill 1799 would provide mail-in elections for the primary election in March 2000, in a county selected by the State Board of Elections. The State Board of Elections would then report on the level of success or any problems with the election.

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News

Obituaries

Marilyn Wisniewski
MARILYN S. WISNIEWSKI, 41, of Granite City, died at 8:35 p.m. Saturday, Oct. 9, 1999, at St. Joseph's Hospital in St. Louis.

She was born Feb. 5, 1958, in Bucknerville, Miss. Wisniewski was a nurse at Incarnate Word Hospital in St. Louis.

She is survived by her stepmother, Virginia Wisniewski of Tamora; a sister, Pat Hinds of Granite City; a brother, David Wisniewski of Mulkeytown; and two stepbrothers, David and Danny Wakadnich.

She was preceded in death by her parents, Frank and Stella (Kopcienski) Wisniewski, and a brother, Edward Wisniewski.

Funeral services will be Friday at St. Charles Catholic Church in Dubois with the Rev. Daniel Jurek officiating. Burial will be in St. Charles Catholic Cemetery in Dubois.

Irwin Chapel in Granite City handled the arrangements.

Memorials may be made to Missouri Kidney Foundation.

Carl Haug
CARL R. "QUICK" HAUG, 51, of Granite City, died at 10:15 p.m. Wednesday, Oct. 6, 1999.

He was born Nov. 18, 1947, in Granite City. Mr. Haug was a U.S. Air Force veteran and construction worker for Laborers Local 397 in Granite City for 30 years. He was a member of American Legion in Edwardsville.

He is survived by his wife, Jane Ellen (Paoletti) Haug; his mother, Vivian (Huggins) Haug; two sons, David Jarman and Jason Haug,

both of Granite City; a daughter, Carla Haug of Granite City; three brothers, Bob Haug of Fairview Heights, Jack Haug of Granite City, and Chuck, a sister, Margaret Kercher of Albuquerque, N.M., and a grandson, Gabriel Jarman of Granite City.

He was preceded in death by his father, Charles C. Haug.

Visitation was Sunday at Irwin Chapel in Granite City. Funeral services were Monday at the chapel with the Rev. Roy Boyer officiating.

Burial was in Jefferson Barracks National Cemetery in St. Louis.

Memorials to the family are suggested.

Clate Dortch
CLATE "BOBBY" DORTCH, 74, of Granite City, died Saturday, Oct. 9, 1999.

He was born March 20, 1925, in Stewart County, Tenn. Mr. Dortch was a U.S. Navy veteran and worked as a millwright for Granite City Steel for 38 years, retiring in 1987. He was a member of Good Shepherd United Methodist Church in Granite City, Elks 1063 and SOAR.

He is survived by a son, Dr. Philip Dortch of Chicago; a daughter, Beverly Smith of Springfield; a brother, B.W. Dortch of Ooltewah, Tenn.; a sister, Sue Allen of Dover, Tenn.; and a grandson.

He was preceded in death by his wife, Lessie (Fowler) Dortch, whom he married on Sept. 4, 1948; his parents, Clate Christopher and Agatha (Beasley) Dortch, and a sister, Helen Richey.

Funeral services were Tuesday at Werner-Mick Funeral Home in Granite City with the Rev. Steve Livengood officiating. Burial was in

Sunset Hill Memorial Estates in Edwardsville.

Memorials may be made to Good Shepherd United Methodist Church Building Fund.

Stephen Kusmierczak
SR. STEPHEN J. KUSMIERZAK SR., 73, of Granite City, died at 3:23 p.m. Friday, Oct. 8, 1999, at St. Elizabeth Medical Center in Granite City.

He was born May 23, 1926, in Madison, Mo. Kusmierczak was a U.S. Army veteran, serving from 1944 to 1948. He then attended Worsham College of Mortuary Science, graduating in 1949, while working at Crawshaw Funeral Home in Murphysboro. He worked for Sedlack Funeral Home in Madison from 1953 to 1963. He was a Madison County sheriff from 1963 to 1986. After retiring, he worked for Thomas Memorial Mortuary from 1988 until 1999. He was a member of Holy Family Catholic Church, Knights of Columbus Council 1098, American Legion Post 307, Illinois and Madison County Police Association, Anville Post 204, Illinois General Directors Association, Eagles Lodge 1126, St. Stanislaus and Polish Hall.

He is survived by three children, Stephen J. Kusmierczak Jr. of St. Louis, and Joseph Kusmierczak and Melissa Kusmierczak, both of St. Louis; a brother, John Kusmierczak of Collinsville, and two

sisters, Helen Burris of Collinsville, and Katherine Kane of Belleville.

He was preceded in death by his parents, Joseph and Agnes (Stranska) Kusmierczak, and two brothers, Walter and Theodore Kusmierczak.

Funeral services were Monday at Holy Family Catholic Church with the Rev. Thomas Liebler officiating. Burial was in Jefferson Barracks National Cemetery in St. Louis.

Thomas Mortuary in Granite City handled the arrangements.

Memorials may be made to Madison County Hospice.

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Sarah Group holds first meeting

The Sarah Group of Christian Women's Fellowship met at the Central Christian Church for their first meeting of the year. Jo Stephens was the hostess. Others attending were Marge Kacera, Rudy Lelik, Mary Lee Lorton, Ethel Cain, Carlisle Vunovic, Wilma Pulaski, Joyce Bennington, Betty Rush, Doris Pekark, Edna Perkins, Lena Seitzer and Ann Gabor.

Guests were the general CWF President Betty Ebrecht and the pastor of the church, the Rev. Tom Schofield.

A chicken and dumpling dinner is scheduled for Oct. 16 at the church, and quilt tickets will be sold at Schnuck's, Wal-Mart and Shop 'N' Save on Fridays and Saturdays during October.

Mary Lee Lorton led the study and worship.

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I don't dislike counselors; they do a tremendous job

Recently, a "Family Matters" reader took the time to list many of the responsibilities school counselors shoulder. She did so because her reading of my columns suggested to her that I was critical of counselors. Nothing could be further from the truth.

Although she misinterpreted what I wrote, I am grateful she took the time to dialogue about an issue that should concern us all: Because school counselors have too much to do, the actual counseling functions of their jobs often get neglected.

After citing typical caseloads of 500 students, she lists many

"Because school counselors have too much to do, the actual counseling functions of their jobs often get neglected."

other things school counselors are responsible for. It is a daunting list and, as she points out, the paperwork involved is "insurmountable."

And this is exactly the point I have addressed several times in my columns: "beleaguered, well-

intended counselors are so busy with testing and scheduling that they don't have time to build the trusting relationships they need with students, and students consequently feel shut out."

This is not the fault of counselors. It is a systemic problem

that burdens them with more duties than anyone could possibly manage well.

Can you imagine trying to build trusting relationships with 500 students, help them deal with their personal issues, guide their academic and career choices, and then handle all the related administrative tasks?

If schools are going to burden counselors with so many responsibilities, they must reduce the number of students they serve. Getting to know students and building the trust that allows schools to use counselors as counselors takes time. And if too much time is consumed with meetings, testing, paperwork

and other administrative chores, school counselors don't have the time to devote to actually counseling.

This is frustrating to many counselors who entered their profession because they care about children and want to help them in personal, supportive, guiding ways. These people did not plan to become de facto administrators.

Counselors want to reach troubled kids before their issues grow more threatening and nurture children who may just be troubled by life's vexations on any given day. If they had more time to do this, our schools would be healthier places for all

our students, and classroom teachers would find their jobs a little easier and the results more gratifying.

The bottom line is that we need more counselors in our schools. In the meantime, principals must do all they can to enable their counselors to work more directly with students. For instance, why are more counselors not scheduled to remain with the same group of students each year rather than having to start over getting to know a new batch of fourth-graders?

In writing about these issues, I do not intend to criticize the skills, commitment or efforts of most counselors. On the contrary, I hope to speak on their behalf.

I am critical of systems which handicap counselors, shortchange students, unfairly burden teachers and increase the jeopardy in our schools.

I want to raise the awareness of parents and concerned adults so they can begin to insist that more resources be devoted to counseling programs in their local schools.

In the meantime, since the situation is what it is, I am trying to alert parents to the need to team up with their child's counselor so their child can get the most advantage of time.



Dennis O'Brien

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Edwardsville tops Springfield
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Page B4

Sports

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Rebound

O'Fallon soccer team plays
well after loss in local tourney
Inside

Chaminade beats out GCHS for title

Red Devils edge host 1-0
with score off penalty kick

By Rick Broome
Staff writer

After going into overtime to beat St. Charles County (Mo.) Francis Howell North in the Saturday morning semifinal, Granite City sat on the threshold of a title in its Pepsi-Cola/Granite City High School Tournament of Champions.

But one too many St. Louis powers stood in the way as the Warriors lost 1-0 to Creve Coeur (Mo.) Chaminade in the championship game Saturday night.

Chaminade recorded the game's lone tally in the 22nd minute from the charity dot. After a restart at midfield, Granite City's defense was slack and Paul Raphael got upended in the box. The Red Devils were awarded a penalty kick.

Brad Davis took the shot and beat Warriors keeper Justin Roehr, who played two solid games on Saturday.

"That was a Bundesliga-type kick; he crushes them," Granite City coach Gene Baker said.

"And we feel that Justin Roehr is the best keeper in the two-state area. But in all fairness to the play, their kids are so smart

that when they called a foul on us, the official is talking to our player and they are moving the ball, coming weak side. It happened a couple of other times later.

"They are such smart, good players, they are an excellently-coached team, and they are seasoned veterans of high-school play, even though they have some young players in certain spots. So they are able to exploit situations like that — they move early, and move off the ball, and if the official is looking the other way they get it going. All the more power to them they are a great team."

Granite City had its chances in the second half. Senior Josh Peacher moved into the Chaminade box unchecked, but keeper Justin LaGrotta sprawled for the save.

With one minute to play, Granite senior Ian Kessel took a free kick from just outside the 18, but Jay Gensert's header bounced off the post.

"I thought we played real well," Chaminade coach Mike Gauvain said. "It was tough in the conditions, the field was slippery and Gene has a very good team." It was a tough game, and

See GRANITE, Page B3



Tim Stephenson photos

Above, Granite City's Mike Smith (9) takes a shot on goal during the Pepsi-Cola/Granite City High School Tournament of Champions. Below, Josh Peacher (10) goes up for the ball. The host Warriors made it to the title game in the tourney but lost 1-0 to Creve Coeur (Mo.) Chaminade.

2 coaches honored at Granite City tournament

By Rick Broome
Staff writer

Amid the bustle of running the Tournament of Champions, Granite City took the time to honor two coaches who have helped to build the reputation of excellence the tournament enjoys.

Florisant (Mo.) Aquinas-Mercy coach Vince Drake and Creve Coeur (Mo.) DeSmet coach Greg Vitello were cited before Saturday night's title match. Both noted the assistance the event gives their own title chances in Missouri Class 1A-3A and 4A state tournaments, respectively.

"We have been coming over since 1967, this is our 33rd year," Drake said. "Granite City has always been a place where a lot of champions play — as it says, it is the Tournament of Champions. We had won some state championships before and had been close other times."

"We have always had good teams at Aquinas, and then Aquinas-Mercy. So I think entering a tournament like this really gets you ready for the state tournament, which is only two or three weeks away. So it's a great showcase for really good teams and also helps you prepare for the state tournament at the end of October."

"It offers us class and respect," said Vitello, whose team won the Tournament of Champions last year. "That's why we are here. They have been nothing but great to us year-in and year-out. I can't even tell you how many years we have been coming, but it is just a joy and a pleasure to come here."

"Our kids are just thrilled to come over, and I love coming here. I can't see why we would ever want to go anywhere else. These people just treat us with nothing but class and respect. It is, without a doubt, great preparation for the state tournament. It is intense play the entire week. To come out of here as champion, you have to play your ears off, and if you don't, you go home early. We really enjoy it."

The St. Louis connection has helped Granite soccer boss Gene Baker construct a week devoted to athletic excellence. Both coaches and their teams add an extra dash of class to an annual loaded field.

"Our big thing in doing it is to express Granite City's admiration and gratitude for their participation in our tournament and for their contribution to high school soccer and high school

See COACHES, Page B3

Granite City sophomore shines in semi vs. Knights

Hartwick's goal in OT sends Warriors to title contest

By Rick Broome
Staff writer

Saturday morning on a slippery, muddy pitch, the youngest Warrior punched Granite's title into the finals of the 19th Annual Pepsi-Cola/Granite City High School Tournament of Champions.

Just 2:18 into overtime of a 1-1 semifinal game against St. Charles County (Mo.) Francis Howell North, sophomore David Hartwick stepped into the box and converted a pass from Phil Reader.

"Phil played the ball through and put it in," Hartwick said. "I just kept the ball low and put it past the keeper. I was trying hard to be calm."

Hartwick, a recent call-up from the junior varsity squad, was determined to make the most of the roster opening.

"I just wanted to keep my position and fight for it," Hartwick said. "Coach told me later in the game that I had it, so I just wanted to earn it and deserve his confidence in me."

Hartwick did a terrific job, Granite City coach Gene Baker said. "He marked (Travis) Brown most of the game and then winds up with the goal. He has earned his spot. That's what is fun about high school sports, to see a kid like that come in and do so well. From our perspective, the Tournament of Champions is all about that kind of thing."

Hartwick's classmate, Rich Edwards, had given the Warriors a 1-0 lead in the sixth minute of play. Jared McMillan sent a pass from the corner into the fray, and Edwards headed it home.

The Knights got even 23 minutes later. After Warriors keeper Justin Roehr had made two lunging saves, Mark Malloy stepped up and knocked

1999 Pepsi-Cola/Granite City High School Tournament of Champions

Tournament MVP
Dan Hilson, Chaminade

All-Tournament Team
Nick Hodge, DeSmet
Mike Ambersley, DeSmet
Tom Scoring, Aquinas-Mercy
Jeremy Cowan, Francis Howell Central
Tyler Linder, Hazelwood Central
Dan Hilson, Chaminade
Brad Davis, Chaminade
Kevin Thibodeau, Chaminade
Patrick Gallagher, Duchesne
Joe Heuer, Fort Zumwalt
Jim Layne, Fort Zumwalt
Justin Judisak, O'Fallon
Travis Brown, Francis Howell North
Drew Southards, Francis Howell North
Justin Roehr, Granite City
Jared McMillan, Granite City
Mike Smith, Granite City

home the equalizer.

The Warriors regained the run of play in the second half. Striker Mike Smith appeared to score, but the referee overruled the linesman's non-call on offside.

Josh Peacher also made a curving run through the North defense, but his shot, along with Edwards' follow, was saved.

The game could have been over early in the

See WARRIORS, Page B5



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Sports

Hustedde victim in bizarre incident

O'Fallon lineman alleges he was hit after game against conference foe

When it comes to strange events, consider what happened after O'Fallon High School's 35-25 varsity football victory at Marion recently. Already a winner by the final score's numbers, O'Fallon also had the edge when it came to the NCAA Division I recruits on the field in the form of 6-foot-5, 290-pound senior tackle Hustedde.

Noted in this corner prior to the football season as a creative unit, Hustedde is only 17 years of age but also is one of the strongest players ever to wear a Panthers uniform.

Despite his bulk - resulting from weightlifting and excellent home cooking - Hustedde became the victim of a strange incident on Oct. 1 at Marion. "I was walking from their stadium to our bus and I felt someone tap me on the shoulder," Hustedde said. "When I turned to see who it was, a guy hit me on the right side of the face."

"It was a high school age guy but I couldn't identify him because I was stunned and he ran away."

While O'Fallon officials reported the incident immediately, no suspect has been caught. Hustedde also was taunted by a small group of spectators. "They said something about using steroids," Hustedde said. "It came as a complete surprise," O'Fallon coach Gary Briddle said. "The Marion police said they could not do much about it without a suspect."

Meanwhile, one has to wonder what the spectator was trying to prove and what might have happened had Hustedde not kept his cool.

Overtime
When it comes to hype, the University of Illinois benefitted from its early-season football success in the form of increased attendance.

After winning its first two games, the Illini attracted \$2.41 for the Michigan State game, including 6,000 walkup ticket purchasers at Memorial Stadium.

Footnote
Reports from the Chicago Public League regarding the debut of 16-inch softball are that the 24 participating schools are enjoying the game.

Schools have a 15-member varsity roster and in some cases are attracting varsity baseball players. Pitchers maintain an edge against batters thanks to having a legal age of 6 to 12 feet on their deliveries. "I'd like to see the game incorporated into more physical education classes and into intramurals at schools that offer such in southwestern Illinois."

Extra point
After winning all four of its road games this season, Cahokia was looking forward to three consecutive home games to end the season. The Comanches won the first of those against Mount Vernon in a battle of South Seven Conference leaders and now clock in at Collinsville and O'Fallon.

Family Sportsplex plans basketball competitions
The Family Sportsplex in Belleville is hosting the following basketball events:

The Sportsplex Pre-Winter Basketball League, which begins on Oct. 29. A \$325 league fee includes eight games, played on Friday, Saturday and Sunday. The entry deadline is Oct. 20.

The second annual Thanksgiving AAA Basketball Tournament, Nov. 26-28 for boys and girls of all ages. The \$125 fee includes three games. The entry deadline is Nov. 16.

For more information, call the Sportsplex at 277-7111.



DOBB'S Cardinals Team of the Week

Khoury champions

The West End Khoury League Atom II Mariners won the 1999 district, state and national championships with a 10-0 playoff record this past summer. Members of the team pictured above (from left to right) are: In front - Michael Bauman, Mark Bauer, Matthew Case, Kyle Taylor and Bobby Kopp; Middle row - Erik Schuyler, Greg Thompson, Max Wippman, Brad Wilson, Jonathan Cripe, Nicholas Hassell, Tommy Mabry; In back - coach Mark Schuyler, coach Larry Wilson and coach John Bauer. The team is sponsored by Meyer Pontiac.

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P185/75R14 WW XHT4 \$69 Fits Toyota Corolla	P235/75R15 X OWL WRANGLER A/S \$99 \$99 \$99 Fits Blazer, Blazer 4x4, Firehawk	P235/75R15 BLK TOURING T/A \$71 Fits Pontiac Grand Am	P215/60R16 BLK TOURING T/A \$71 Fits Pontiac Grand Am	P205/70R14 WW F-680 \$66 Fits Eagle Wagon	P225/70R16 OWL DUEREL HT \$118 Fits Lexus ES300	P205/65R15 BLK AMERIT G45 \$69 Fits Ford Taurus	P185/60R14 BLK SP-20 \$54 Fits Toyota 4x4
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Coaches honored at event

Continued from Page B1
athletics," Baker said. "I

think they are outstanding family men. We gave them a couple of nice gifts at the tournament

banquet. "They represent what all of us should be about. It's so healthy and educationally sound for schools like DeSmet and Aquinas-Mercy to have someone of that caliber in the game at that school for that long a period of time.

"That is reflected in what they have in their soccer programs. And it helps their teams prepare for their state tournaments."

"I am honored to be here," Drake said. "My team is here, and I think it is really nice to see all of the players here. The assistant coach, Don Schmidt, and my son Jeff are here. I am really honored and excited."

"I don't know what to say," Vitello said. "You don't do it for these things, you do it because you really like the kids. But for them to take the time to honor me, and to be honored with one of my best friends, I can't tell you how neat it feels. It really feels great."

Granite City drops finale, beaten on penalty kick

Continued from Page B1

hated to see us win on a penalty kick. We had a few other chances and so did they. It was a pretty even game, a very even game. In the last 20 minutes we held on and were very fortunate to win."

"They really are a great team," Peacher said. "I thought we played hard and everybody tried real hard. Coach had us ready. It was good to be in the championship game and everybody played well. It was just that they are a really good team."

After the exhausting test in the morning semifinal game—a 2-1 overtime victory—the Warriors needed some big efforts. They got it from Peacher, among others.

"That was Peacher's best game of his career," Baker said. "If we get him going, look out, because we are pretty

"We have to get that kind of blue-collar work-ethic where they don't give up, and we got that."

Gene Baker
Granite City soccer coach

good. I am very proud of him. "Jay Oensert is kind of snake-bitten. He is a good player and he is coming and getting in good situations. He had maybe the two best opportunities of the night. (Sophomore David) Hartwick did a good job for a young kid, marking (Brad) Davis. (Mike) Smith played quite well."

Chaminade improved to 18-13 on the season. Dan Hilson was named the MVP, with five goals and eight assists in five games. Gauvain believes the tournament will help his team in its bid for the Missouri Class 4A state championship.

"This should help us down the road," Gauvain said. "We had the chance to use a lot of younger guys in the morning in the semifinals because we had seven seniors taking the SAT test. We had six freshmen and sophomores playing on the field this morning, and they played wonderful."

"This is great preparation. We have five days off until we play again, and then we have six games left before the state tournament. Hopefully we can build off of this and continue to

move forward."

The near-miss in the title game didn't dampen the spirits of the Warriors (13-4-3), who put together an inspired week of play.

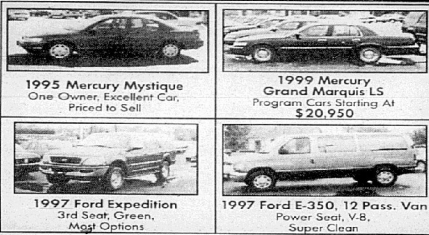
"We came on," Baker said. "They are a terrific team. We thought we would give them a good game and we did. The kids played with heart. We let them knock it around a little bit, but that was part of our gameplan. We have to get that kind of blue-collar work-ethic where they don't give up, and we got that. They were tired and it took a great effort for them to win in the morning, and some of them were leg-weary in the finals."

We got three players on the all-tournament team (Smith, Roehr and Jared McMillian). We had a lot of good things happen. I think it was a big-time positive week for soccer and high-school athletics."

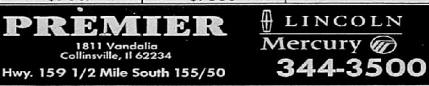
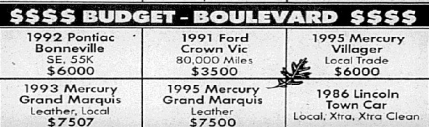
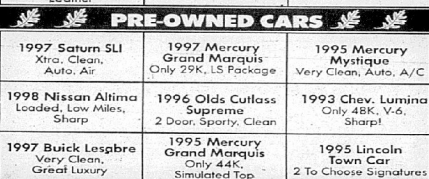
"We are getting stronger and putting together wins," Peacher said. "Coach is getting us there. It was a fun week."

Granite City was scheduled to play rival Collinsville at home Tuesday night.

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Sports

Tigers enjoy 39-8 romp, remain unbeaten

Evans leads homecoming win for Edwardsville with 236 yards, 3 TDs vs. Springfield Glendale

By Greg Shashack
Staff writer

With 42 victories in 43 regular-season games during the past five years, the Edwardsville Tigers have been unable to embrace the conventional concept of revenge.

"Our kids were focused," coach Tim Dougherty said after watching his Tigers dismantle Springfield Glendale 39-8 Friday night at the Sports Complex. "We had a great week of practice. We wanted redemption from last year, and I think we got it."

Edwardsville was fortunate to escape with a 26-22 victory after scoring on a fourth-and-17 play in the game's final minute last season in Springfield. There was no such suspense on Homecoming in front of a big crowd in Edwardsville.

"We remember that game last year, and I took it personally," Tigers senior Travis Evans said. Evans responded immediately, taking the game's second play from scrimmage 80 yards for a touchdown to spark an offensive explosion that saw

"Adjusting to a different defensive scheme says a lot about our kids. They kept their composure and really did a nice job up front."

Tim Dougherty
Edwardsville coach

Edwardsville produce 498 yards of offense. Evans finished with 236 yards and three touchdowns on 20 carries, while fullback Joe Bevis rushed for 107 yards on just six carries.

Edwardsville, which closes its regular season with road games at Collinsville and Belleville East, improves to 7-0. Glendale falls to 3-2.

"That's a good football team," Glendale coach Charlie Getty said. "They've got size, and they've got speed. We played them an awfully good ball game last year, but we didn't tackle well enough to stay with them tonight."

The Tigers ran just 18 plays in the first half,

with the longest of their three scoring drives taking five plays. Glendale did manage to close within 18-9 when quarterback Josh Moore hit tight end Cole Drussa on a 16-yard touchdown pass with 55 seconds left in the second quarter. But that was more than enough time for the Tigers to retaliate.

A 21-yard run by backup fullback J.R. Ziegler was followed by a 34-yard pass from Matt Alaria to Blake Westra and a 24-yard TD run by Evans with 21 seconds remaining. The drive covered 80 yards in four plays and consumed just 34 seconds and put the Falcons in a 25-8 hole at halftime.

"That was key," Dougherty said. "That was critical, and it's a credit to our kids. They kept their composure and did a real nice job."

The Tigers defense limited the Falcons to 88 yards on 34 rushes. Moore completed 9 of 16 passes for 109 yards and two interceptions. Westra and Damarious Coates had interceptions for the Tigers.

Edwardsville sealed the deal with two second-half TDs. Alaria hit Westra on a 37-yard scoring strike and Ziegler added a 35-yard TD romp. Bevis, who had runs of 33 and 56 yards in addition to an 11-yard TD run, led the defensive charge at linebacker behind a group of linemen that dominated play on both sides of the ball.

Offensive linemen Nick Tarpoiff (6-foot-4, 243 pounds), Nathan Gray (6-4, 252), Ryan Walsh (6-1, 245), Nathan Becker (6-2, 222) and Anthony Clark (6-3, 302) overpowered the smaller Falcons up front.

"I thought our offensive line did a great job," Dougherty said. "They threw some wrinkles at us, so it's a credit to our offensive line, and obviously, the backs running hard. Adjusting to a different defensive scheme says a lot about our kids. They kept their composure and really did a nice job up front."

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11 a.m. Jimmy Dorsey Orchestra (Oct. 14)
Boots Randolph (Oct. 15)
12 noon Seminars, Casino Queen Bingo
12:10 p.m. Presentation by KMOX's Al Wiman
1 p.m. KMOX's Mike Miller & The Garden Hot Line
2 p.m. Seminars, Casino Queen Bingo
3 p.m. Jimmy Dorsey Orchestra (Oct. 14)
Boots Randolph (Oct. 15)
4:30 p.m. Show Closes

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Presenters
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• The Importance of Estate Planning
• Key Elements of an Estate Plan
• Taxation of Estates and Gifts
• Charitable Giving
• Tax benefits and giving options

Date, Time and Place
Thursday, October 28, 1999
7 to 9 p.m.
Memorial Hospital's Auditorium

Information
This program is free; however advance registration is requested. Participants will receive an "Inventory of Assets" booklet, a helpful tool to assist you in your estate planning. To make a reservation, call Memorial Foundation at (618) 257-5659.

Jerry Reilmann, a certified public accountant with Rice, Sullivan and Co., Ltd. will provide information that can help you build a solid financial future.

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O'Fallon develops scoring punch, tops Knights in tournament

But OTHS defeated another St. Charles County school, Fort Zumwalt South, 3-2 on Friday.

"I'd rather focus on the two games we won than the game we lost, especially since this was the first time we've won two games in that tournament," O'Fallon coach Rich Bickel said. "Howell North just wasn't a good game for us. They scored a goal two minutes into the game and scored again 10 minutes in, and things kind of

"We sandwiched two very good games around a poor game. I'd like to have advanced out of the bracket and you never want to lose any game 6-

"Robby Luggie is so solid defensively and Steve Ellis is one of the elite keepers in the area. Coming into the Howell North game, we had allowed only eight goals in 16 games. All in all, we've been very solid defensively."

The seeding meeting for the IHSA Class AA sectional will be Wednesday night. As in recent years, Collinsville, Edwardsville and Granite City will host the tourney, with the sectional semifinals and title game to be played at Southern Illinois University-Edwardsville.

In the second half, the Warriors all came to play. "I thought the first 20 minutes was ours, and the next 20 was


Helsey and Stacy beat goalie Tim Stein and midfielder Bill Heidbrink from Florissant (Mo.) Aquinas Mercy in the final round to win.

In the second half, the Warriors all came to play. -I thought the first 20 minutes was ours, and the next 20 was

Tim Stein and midfielder Bill Heidbrink from Florissant (Mo.) Aquinas Mercy in the final round to win.

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Community news

Organizations

Weekly

EAGLE PARK ACRE SENIORS OF MADISON meet from 10 a.m. to noon Thursday at 100 Hill St. (rear), Eagle Park Acres, Madison.

FRIDAY AFTERNOON PINOCHLE CLUB for seniors 55 and over meets at 12:30 p.m. Friday at the Harold Brown Building, Franklin Avenue and Pontoon Road. Call 877-0350 for more information.

GRANITE CITY COMMUNITY BAND rehearsals are 7:30 to 9 p.m. Thursday at St. John United Church of Christ, 2901 Nameoki Road, Granite City. For information, call 931-0443.

JOLLY QUILTERS meet from 9 a.m. to 2 p.m. Thursday at the Social Center, 906 Thorngate Drive in Mitchell.

TOPS 2363 meet at 6:30 p.m. every Thursday at Anchorage Recreation Center, 2909 Edwards St. For more information, call Bobbie at 452-0273.

EDGE OF ILLINOIS CHORUS, women's barbershop group, meets at 7:30 p.m. every Monday at 311 E.

Lincoln St., Belleville. Call Cindy at 234-3631 or Mickey at 277-6653.

BELLE NOTES BARBER SHOP CHORUS meets at 7:30 p.m. every Monday at Signal Hill School, 40 Signal Hill Place, Belleville. Call 234-3911.

EDGE OF ILLINOIS CHORUS, women's barbershop group, meets at 7:30 p.m. every Monday at 311 E. Lincoln St., Belleville. Call Cindy at 234-3631 or Mickey at 277-6653.

BELLE NOTES BARBERSHOP CHORUS meets at 7:30 p.m. every Monday at Signal Hill School, 40 Signal Hill Place, Belleville. Call 234-3911.

Monthly

DOWNTOWN NEIGHBORHOOD RESTORATION SOCIETY, meets at 8 p.m. Friday in Granite City. Call 876-7715 for more information.

EDWARDSVILLE KENNEL CLUB meets at 7:30 p.m. Thursday at the Hayes Mallory Community Building, 216 Crane St., Edwardsville. Meetings are open to the public.

GRANITE CHAPTER 650 ORDER OF THE EASTERN STAR meets at 7:30 p.m. Friday at the Masonic Temple, 20th Street and Cleveland Boulevard.

Miscellaneous

THE MIDWESTERN UNITED STATES IMPERIAL DANCE CLUB has regular dance meetings twice each month starting at 6 p.m. at the American Legion Hall in Collinsville. The public is invited for dance lessons and open dancing at a cost of \$4 for nonmembers and \$2 for members. For more information, call 463-2405.

URBAN LEAGUE of Madison County offers the following programs at the UL Health Care Services, 500 Madison Avenue in Madison. For more information, call 452-5394. Family planning services from 9 a.m. to 4:30 p.m. every Tuesday.

COLLINSVILLE HERB SOCIETY meets at 7 p.m. Thursday at the Joyce Civic Center, 2016 Keeler, Collinsville. For more information, call 344-2214.

Support groups

Weekly

AL-ANON ADULT CHILDREN meet at 7 p.m. Wednesday at St. Elizabeth Medical Center, 2100 Madison Ave. in the Kettler Center Conference Room A. Call 463-2429 for more information.

ALCOHOLICS ANONYMOUS meets at 11 a.m. and 8 p.m. Club 2116 Edison, Granite City. (800) 307-6600.

ALCOHOLICS ANONYMOUS meets at 8 p.m. Wednesday, St. Elizabeth Medical Center, 2100 Madison Ave. in the Kettler Center Day Care Center room C. The meetings are closed except for the last Wednesday of the month.

ALCOHOLICS ANONYMOUS meets at 11 a.m. and 8 p.m. Thursday and noon and 8 p.m. Friday at 2116 Edison, Granite City. Call (800) 307-6600 for more information.

AL-ANON meets at Thursday 7 p.m. at St. Elizabeth Medical Center 2100 Madison Ave. in the Kettler Center Day Care Center room C. Call 463-2429 for information.

ALCOHOLICS ANONYMOUS meets at 5 p.m. Thursday, at Mitchell Presbyterian Church, East Chain of Rocks Road and Greenway Drive. Call (800) 307-6600 for more information.

ALCOHOLICS ANONYMOUS meets at 8 p.m. Saturday at 2116 Club 2116 Edison, Granite City. Call (800) 307-6600 for more information.

ALZHEIMER'S SUPPORT GROUP at Eden Village Nursing Home in Edwardsville meets at 7 p.m. Thursday. There is no fee or reservations required.

CATHOLIC CHARITIES offers individual, marriage and family counsel-

ing Thursdays at Our Lord's Lutheran Church, 150 Wilma Drive, Collinsville. To schedule an appointment, call 344-8049.

MANIC DEPRESSIVE ASSOCIATION OF MADISON COUNTY meets from 1 to 3 p.m. Friday at St. Elizabeth Medical Center in the Miloski Room located in the basement. For more information, call the DMDA office at (314) 776-3969.

DIVORCED AND SEPARATED SUPPORT GROUP, sponsored by the Eden United Church of Christ and Holyoke Youth and Family Services' Family Care Program in Edwardsville, meets at 7 p.m. Wednesday. All divorced or separated persons are welcome. Please call 655-9268 Monday through Friday, from 9 a.m. to 4:30 p.m. for more information. There is no fee but donations are accepted.

PULMONARY SUPPORT GROUP, for persons with diagnosed lung condition, meets at 11 a.m. Wednesday in 4-Doctors Solarium at St. Elizabeth Medical Center. For more information, call 798-3019.

RECOVERING FROM THE LOSS OF LIFE meets at 7 p.m. Wednesday at the First Baptist Church of Maryville, 2184 Vadalbene Drive, behind Anderson-Hospital. The group provides encour-

agement and practical guidance for anyone who has lost a loved one through death or who has experienced other profound losses.

STEMSS (Support Together for Emotional and Mental Serenity and Sobriety), a support group for people with a mental illness and an alcohol or substance abuse problem, meets at 1:30 p.m. Friday at Pascal Hall in St. Elizabeth Medical Center. Call 798-3604 for more information.

Bi-monthly

RIVERS OF WATER WORSHIP CENTER SUPPORT GROUP, meets at 9:30 a.m. Saturday at 1307 Madison Avenue in Madison to comfort and restore. Group membership is open to all who are "broken" ... at no cost.

Worship service follows each third Saturday at 11:30 a.m. For more information, call 341-3643 or 655-7931.

Miscellaneous

ALTERNATIVES COUNSELING offers a supportive and educational group to the women whose husband or romantic partner has sexually abused her child. For more information, contact Don-ya L. Adkerson, M.A., at 655-9104.

Craft show part of future fun for K of C Auxiliary

The monthly meeting of the Knights of Columbus Ladies Auxiliary was held in September in attendance including new member, Nancy Diak, who was initiated that evening by President Dolores Moseley.

Moseley asked for committee reports and Catherine Ponce, craft show chairperson, said she still has openings for crafters for the Nov. 6 craft show. Anyone interested in reserving space can call her at 877-

2586. Ponce reminded ladies to bring in their handcrafted items for the Auxiliary's booth as soon as possible.

Moseley reported that plans are being made for the auxiliary to assist the Knight with the Oct. 30 Halloween party for children and grandchildren of K of C members. Ladies are asked to make cookies and help with decorations.

Moseley reported that discussions are underway by the Knights on the possibility of a 4th Degree Exemplification being held here next

September. Should this materialize, the auxiliary will serve as hostess for the ladies luncheon. Details will be forthcoming.

Schnefke asked that more ladies come out for the sessions. Since the start of the project, a total of 44 mini-quilts have been delivered to Good Samaritan House, much to the delight of the children who received them.

The next meeting is scheduled for Oct. 19.

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October 17, 1999 November 7, 1999
October 24, 1999 November 14, 1999
October 31, 1999 November 21, 1999
November 28, 1999
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December 12, 1999
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6:00 PM - 8:30 PM
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"ACES & EIGHTS"
FRIDAY, OCT. 15th & SATURDAY, OCT. 16th
9:00 PM - 1:00 AM
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Horoscopes

WEDNESDAY, OCTOBER 13

It seems more important to take care of your heart, and your feelings than to get out of bed and conquer the world. And indeed, it may be! While the moon travels through flexible Pisces, work may be the last thing on your mind. This moon transition causes a challenging

aspect to the sun and Mars in Gemini. Pace your indulgences.

ARIES (March 21-April 19): You may be unconsciously trying to control someone to your own ends. You get better results when others feel free to do things their own way. A Gemini is in a position to assist you. **TAURUS** (April 20-May 20): You rebel against

authority now and hope for leniency. It is difficult for anyone to resist your request. Believe in the worth of yourself, your work and your ideas. Your love does what you want on his or her own.

GEMINI (May 21-June 21): You combine pragmatism with lofty ideals and make an outstanding impression on someone in charge. Relations are magical when you approach love with a dynamic range.

CANCER (June 22-July 22): Your comments are deeply felt by others. Masking insecurity with an exaggeration will be transparent to your observant friends and family. Face fear. Accomplished artists sell works.

LEO (July 23-Aug. 22): You can rattle off solutions and answers at work, but when it comes to your per-

sonal life, you are stymied. The cure is having ideas off of an objective, and very discreet, third party. You drive a hard bar gain tonight.

TODAY'S BIRTHDAY (Oct. 13): This year is all about letting your creative side shine through. Projects you might have kept hidden need to see the light of day now. Trust your instincts, and do not falter. Your best signs for love are Capricorn and Aries now. You could marry in December or March of next year. September is a money month. Lucky numbers are 23, 24, 37, 41 and 50.

VIRGO (Aug. 23-Sept. 22): Sports that can be engaged in alone are lucky. Have copyrights and contracts strictly in order so as not to be deceived by unsavory people or situations that contain hidden traps. You have

excellent love prospects tonight.

LIBRA (Sept. 23-Oct. 23): You have a shyness that belies the abundant energy within you. Others find you charming, however, and you can trust your own social instincts. Salespeople get dynamic results from playing it coy.

SCORPIO (Oct. 24-Nov. 21): Work you are proud of is taken to an even higher level when you make minor changes. Watch your words; ill-conceived comments are not soon forgotten. Use humor to show your expansive nature.

SAGITTARIUS (Nov. 22-Dec. 21): Answers to a career puzzle come to you, and you move up the ladder of success. The boss is impressed by your compatibility with fellow workers. Love gets better if you take an aggressive stance.

CAPRICORN (Dec. 22-Jan. 19): Your name circulates to a favorable tone. Following a predetermined formula to the letter will get you through any pinch today. Romance provides you with a mirror in which to see your best side.

AQUARIUS (Jan. 20-Feb. 18): A spirited conversation leads to a monumental sale. Multiple relationships are possible if... and only if... all involved know where they stand. Probe deeper into a loved one's history and become more compassionate.

PISCES (Feb. 19-March 20): You are capable of carrying the bulk of the work, but should not readily volunteer. Bone up on technical skills - you will soon be tested. Love is thrilling, but foolhardy. Think twice about getting involved.

Shortcuts

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Random Hearts (R) 7:10
Three Kings (R) 7:05
Drive Me Crazy (PG-13) 7:15

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The Haunting (PG-13) 7:00, 9:20
The Iron Giant (PG) 7:05
American Pie (R) 9:00

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Sixth Sense (PG-13) 7:15
For Love Of The Game (PG-13) 7:00

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American Beauty (R) 1:30, 4:20, 7:00, 9:30
Drive Me Crazy (PG-13)
12:30, 2:40, 5:00, 7:35, 9:35
Runaway Bride (PG) 12:00, 2:25, 4:55, 8:00
Dudley Do-Right (PG) 1:40, 3:30, 5:20
Bowfinger (PG-13) 8:10
Jacob The Liar (PG-13)
1:15, 7:10
Murford (R) 4:05, 9:35
For Love Of The Game (PG-13) 12:00, 2:40, 5:25, 8:35
Random Hearts (R) 12:15, 2:55, 5:35, 8:30
Random Hearts (R) 1:25, 4:10, 7:15
Mystery Alaska (R) 1:55,

4:25, 7:00, 9:25
Teaching Mrs. Tingle (PG-13) 12:45, 2:40, 4:40, 7:30, 9:25
Sixth Sense (PG-13) 12:00, 2:30, 5:30, 8:00
Sixth Sense (PG-13) 1:30, 4:15, 7:05, 9:30
Three Kings (R) 12:00, 2:15, 4:35, 7:10, 9:35
Three Kings (R) 1:00, 3:20, 5:40, 8:05
Star Of Echoes (R) 1:00, 3:30, 5:50, 8:15

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50 Ludwig Drive, 398-8383
The Thomas Crown Affair (R) 1:40, 4:40, 9:10
Superstar (PG-13) 1:25, 4:25, 6:55, 9:10
Blair Witch Project (R) 1:10, 4:00, 6:30, 8:30
Stigmata (R) 1:05, 4:05, 6:35, 9:05
Adventures Of Elmo In Grouchland (G) 1:00, 3:00, 5:30, 7:30, 9:30
Double Jeopardy (R) 1:20, 4:20, 6:50, 9:20
Double Jeopardy (R) 2:00, 5:00, 8:00
In Too Deep (R) 1:15, 4:15, 6:45, 9:15
Blue Streak (PG-13) 1:30, 4:30, 7:00, 9:30
Blue Streak (PG-13) 2:15, 5:15, 8:15

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Regional News

Road improvements costly

By Heather Cole
Staff Writer

There are plenty of ideas but no funding for proposals to improve transportation in the metropolitan area improvements which could cost billions to build.

Some results of three transportation studies that cost a total of \$3 million were presented to the Board of Aldermen's Transportation Committee last Wednesday. The studies were commissioned by the East-West Gateway Coordinating Council, the Missouri Department of Transportation, and the Bi-State Development Agency.

The complicated nature of the studies of three major areas, the north, south, and west areas of St. Louis City and County, led to the \$3 million price tag for the studies, said Donna Day, manager of the transportation corridor improvement group for the council. The cost of building the projects themselves could total in the billions of dollars, Day said, and cost estimates are being

prepared now. While there is as yet no money for the possible improvements, a plan must be prepared to apply for federal funding, Day said.

It would be 2020 before any of the bus expressways, expanded light-rail lines, and highway improvements suggested by consultants could be built, Day said. The areas studied include Downtown; the North and South sides of St. Louis; and west St. Louis County.

Suggestions included the extension and creation of new light-rail lines; improvements to highways, including widening and interchange improvements, as well as improvements to some traffic signals; and new bus routes, including the bus expressways, which would be about 12-foot-wide and allow buses to travel without having to contend with traffic, and with fewer stoppages and lights, said Bob Innis, transit system development planner for Bi-State.

A light-rail line would run counterclockwise in a loop made up of 14th Street, Washington Avenue, and Market and

Seventh streets and provide access to other suggested lines running north, south and west. The trains would run in only one direction on every street but 14th, and only one building might be in the way, Day said.

Other light rail lines could run north to West Florissant Avenue, south to Butler Hill Road in south St. Louis County; and west to the Spirit of St. Louis Airport in Chesterfield.

The council will make a decision next spring about what to do for each study area and plans could include a combination of improvements, Day said. In the meanwhile, analysts will be seeking opinions from the public on the proposals, she said. Final plans should reflect public input and the suggestions of engineers for technical feasibility, Day said.

Alderman Phyllis Young, D-7th Ward, expressed doubt at some of the ideas for improving transportation to and from St. Louis County.

"The point is we're rewarding people again for leaving the city," Young said.

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St. Louis adjusting to new and improved tornado alert system

50-year-old warning sirens replaced at cost of \$2.16 million

By Heather Cole
Staff Writer

Wanda Conyers was startled by the sound of sirens when she was walking to a store near the intersection of St. Louis' Grand Boulevard and Gravois Street at 11 a.m. Monday.

These weren't their everyday sirens, though. Conyers said the sirens of the city's new emergency warning system had scared her.

"It sounded like something out of a futuristic novel. It's like, is it (George Orwell's) 1984? Maybe aliens

have landed," Conyers said. The alarm last Monday was the first test of the city's new \$2.16 million, 60-siren emergency warning system. The system is controlled out of the city's Emergency Management Agency, in the basement of Soldier's Memorial, 1315 Chestnut Street.

The system replaces one that was 50 years old and had components that could no longer be replaced, if city officials even knew the sirens weren't working, said Mike Sullivan, the agency's director.

"One-third might work any given day," Sullivan said. "One day a siren would work, the next it might not. We wouldn't know unless we'd walk in front of it."

The new system will be tested every first Monday of the month at 11 a.m., the same schedule used for testing the old system. During a test, symbols that stand for the sirens on a computer map will show whether there is a problem with a siren. Blue shows a siren is actively blowing;

green shows it is ready to sound, if needed; yellow indicates there is a problem with the siren; and red indicates the siren is not working at all. The sound of the sirens,


which emit sound in all directions, doesn't waver like the old ones', whose sound wavered because their horns rotated, said Dave Fesler of Connecticut-based Whelen Engineering

Company, Inc. Whelen designed the system.

"These will sound like a steady tone. More distinct and more clear," Fesler said. Whelen and Global Techno-

logy Systems started work installing the new system in June. The installation followed 20 years of talk about replacing the old system, which was originally built as a civil defense system.

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Today's Food

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Hearty Bites

Tortillas trap fillings in wrap
See Page 2



Food & Nutrition

Wise Ways

Shelf stocking brings feeling of security in face of unexpected emergency.
INSIDE

Blue Ribbon Cook

Creamy, spicy and easy, Hot Corn Casserole has quick and quicker versions.
INSIDE

Test Run

Ground beef meets its match in variety of prepared sloppy joe mixes.
INSIDE

Micro Raves

Play the game of quick family meals with aces up the sleeve.
INSIDE

Lively Taste

Versatile Lemon Dressing can be used in salad or as marinade. In jar with lid, shake 1/2 cup bottled lemon juice, 1/2 cup oil, 1/3 cup white or red wine, 2 tablespoons grated parmesan cheese, 2 teaspoons sugar, 3/4 teaspoon garlic salt, 1/2 teaspoon pepper and 1/2 teaspoon leaf thyme. To use as a marinade, pour over chicken, salmon, haddock or other firm fish and refrigerate, covered, at least several hours, or overnight, before baking, grilling or broiling.

Health & Fitness

Medicine Chest

Person with diabetes can take responsibility for knowing about the disease and managing it.
INSIDE

Fresh Picks

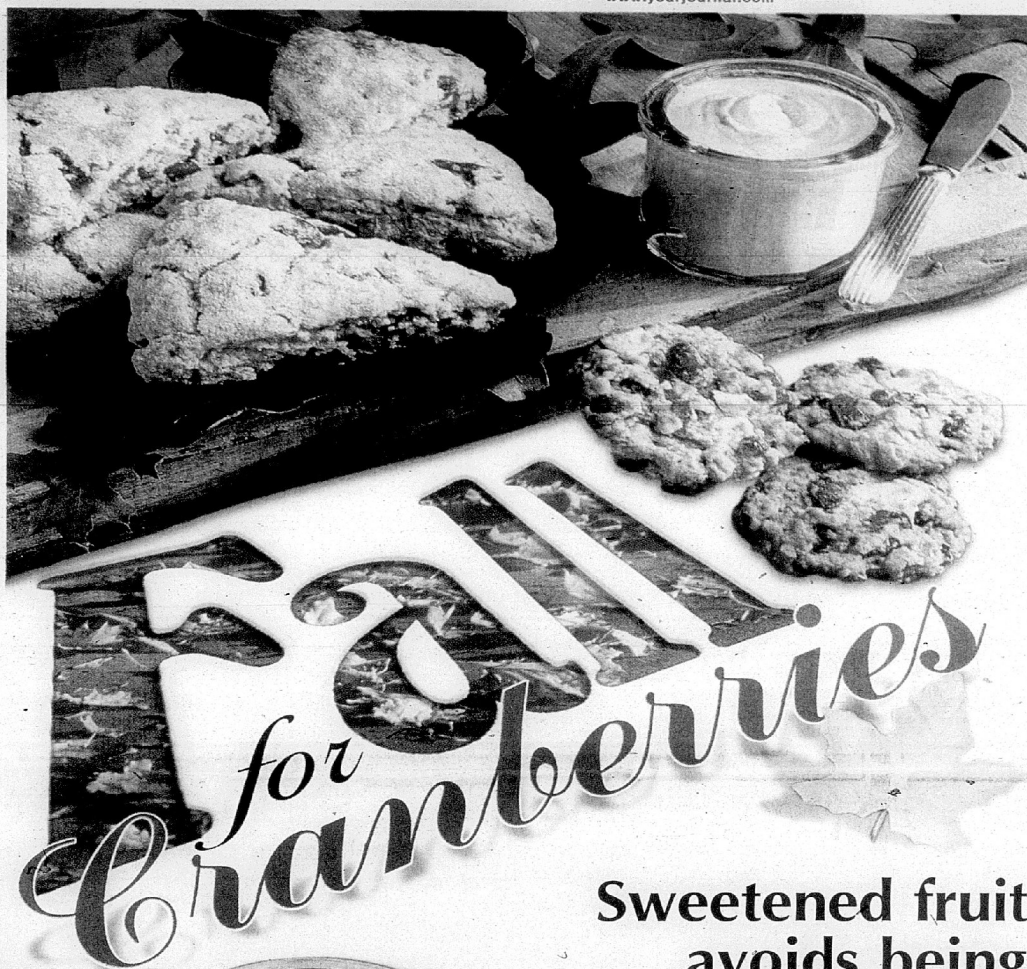
Some people look at apples and only see pie. Others find a wealth of flavors and uses for the fruit. A bumper crop of apples awaits harvest in markets across the country. The Washington Apple Commission, on its web site www.bestapples.com, found that one-third of more than 2,000 respondents liked the state's red delicious apples best, then granny smith apples at 26 percent. Golden delicious, fuji and gala each followed with 12 to 15 percent of the favored vote. At 1 million bushels, the Missouri crop is expected to be 25 percent larger than last year. Apples go far beyond pie. They pep up salad. Cabbage is a favorite match. To make a side salad with apple into a main event, add chopped cooked chicken, fish, pork or beans. For an Oriental touch, chop 1 apple and toss with 1 cup sliced mushrooms, 1 cup bean sprouts, 1 cup pea pods, 1/4 cup sliced celery and 1/4 cup chopped green bell pepper and dressing. Combine 3 tablespoons oil, 2 tablespoons cider vinegar, 1 tablespoon soy sauce and 1/4 teaspoon pepper.

Big Fat Tip

Toss pasta with black-eyed pea salsa. Cook 8 ounces bow tie, elbow macaroni or other medium shaped pasta, reserving 1/2 cup cooking water. Cook 3/4 cup chopped green onion and 1-1/2 teaspoons ground cumin in 2 tablespoons hot olive oil 2 minutes. Remove from heat and stir in 1-1/2 tablespoons fresh lime juice. Add 1 can (15 ounces) black-eyed peas, rinsed and drained, and freshly ground pepper to taste. Toss until coated. If desired, cover and refrigerate this mixture up to 1 day and reheat for serving. To serve, simmer drained pasta, reserved cooking water and bean mixture a few minutes until sauce is slightly thickened and lightly coats pasta. Remove from heat, gently stir in 8 cherry tomatoes, quartered, and 2 tablespoons chopped fresh cilantro.

Future Shop

Americans like ice cream in their waffle cones. For a European twist, fill one with salad 1/4 pasta, veggie, fruit, meat, cheese or any other kind 1/4 for a grab-and-go snack.



Sweetened fruit avoids being bogged down

By Janice Denham
Staff writer

When bags of fresh cranberries appear in the produce department, the time is ripe to put a face on the pumpkin, pull the potted chrysanthemums closer to the house and opt for sweatshirts by day and wool blankets by night. The good news is they are here 1/4 abundantly. With generous supplies in

storage, the industry faces another bumper crop year.

The tart, engaging, native American fruit is the only berry harvested by machine. Cranberries exude vibrant flavor and color. They hold their round, solid consistency until heated, then burst with juice.

Juicing the berries and offering the fruit sweetened

See CRANBERRIES,
INSIDE TODAY'S FOOD Page 2



Raisin Peanut Butter Balls

4 cups toasted oat cereal with honey and almonds
3 cups raisins
1/2 cup sugar
1/2 cup corn syrup
1/2 cup reduced-fat peanut butter

1. In large bowl, combine cereal and raisins.
2. In medium saucepan, bring sugar and corn syrup to boil. Remove from heat. Carefully stir in peanut butter; the mixture is hot and can burn.
3. Pour sugar mixture over cereal and raisins. Mix well.
4. Lightly coat fingers with nonstick cooking spray. Scoop out about 1/2 cup mixture and press into ball. Place on waxed paper. Repeat until all mixture is used.
5. Cool completely. Wrap individually in plastic wrap.

Makes 12 balls; 297 calories, 4.5 g fat, no cholesterol, 136 mg sodium, 411 mg potassium, 63 g carbohydrate and 6 g protein each.

Kids' Cuisine



Today's Food

Tortillas hold in fillings and grab in wrap-sure

By Cheryl Houston
Correspondent

Family life can be chaotic. School activities, swimming lessons, music, scouts and sports require hurrying, scurrying through the kitchen.

Turn to tortillas for quick meal solutions. Their versatility appeals to family members of all ages.

Burritos break up the monotony of breakfast, cereal or toast.

HEARTY BITES

Fill each tortilla with scrambled egg or yolk-free egg product. Each person tops it with favorites, like chopped reduced-sodium ham, onions or peppers.

Drive-through lunches and portable bag choices become boring.

Update ham and cheese by sandwiching them on a tortilla spread with mustard or low-fat mayonnaise. Use a slice of lower-sodium ham, low-fat cheese, lots of fresh veggies. Roll the tortilla and a meal is ready to go.

Is this too adventurous for little ones? Even finicky eaters find comfort with peanut butter and jelly rolled into a tortilla. Cut in pieces, these delights fit little hands.

Wrap dinner in a snap. Toss mixed field greens with a scant amount of low-fat salad dressing. Center a large tortilla with the greens. Fold over one side, then roll to enclose the filling. Vary the mix, wrap and go idea with leftover vegetables and sliced lean meats.

Tortillas satisfy a sweet

tooth, too. Brush one side of a tortilla very lightly with melted margarine. Brown both sides in a nonstick skillet. Spread cinnamon-flavored applesauce over half the tortilla and fold over the unadorned side. If desired, add fat-free vanilla ice cream or frozen yogurt.

While tortillas are generally low in fat, it is important to be a savvy shopper. Nutrition content varies by type, size and brand. Corn tortillas may be lower in fat, but still vary. However, they are handy for the gluten-intolerant.

Fat and sodium fluctuate

dramatically among tortillas. Labels carry this information for comparison.

This basic vegetarian quesadilla recipe will appeal to hurried cooks. Start simple, then add variety. Experiment with different vegetable combinations in the filling such as sliced jalapeno peppers, black olives, mexi-corn, or fresh peppers. For more recipe ideas visit the web site <http://www.aztecafoods.com>.

Registered dietician Cheryl Houston is a member of the nutrition committee of the American Heart Association, Greater St. Louis Division.

BASIC VEGETARIAN QUESADILLAS

- 6 large flour tortillas
- 1 can (16 oz.) vegetable or refried beans (no fat added)
- 3/4 cup salsa
- 1 yellow onion, chopped
- 3/4 cup (3 oz.) shredded part-skim mozzarella cheese
- Optional toppings: shredded lettuce, chopped tomato, sliced olives, chopped bell pepper, salsa or fat-free sour cream

Lightly coat sautépan with nonstick cooking spray. Sauté onion until translucent. Add refried beans and salsa. Stir well to blend. Warm mixture over medium-high heat, stirring often. Remove.

Divide bean mixture between tortillas, spreading over half of each. Top with 1 to 2 tablespoons cheese. Fold over tortilla and press it gently into mixture to hold. Repeat with remaining tortillas. To make tortillas pliable, warm them a few seconds in microwave oven.

Coat large nonstick skillet with nonstick cooking spray. Heat over medium-high heat. Heat quesadilla in pan about 3 minutes until lightly browned. Flip over quesadilla, being careful not to lose filling. Brown other side. Eat plain or add optional toppings.

Makes 6 servings; 268 calories, 5 g fat (2 g saturated), 41 g carbohydrate, 12 g protein, 8 mg cholesterol and 569 mg sodium each, using tortillas with 4 1/2 g fat and 120 mg sodium each. To lower sodium, replace refried beans with pinto beans, rinsed, drained and blended in food processor.



Sloppy joe sauces line up ground beef with smoky and sweet flavors.

Even 'sloppy' sandwiches remain traditional in style

Some people don't think they can relive their early days at home, but testers of sloppy joe mixes found otherwise.

Four varieties were tested - Hunt's Manwich extra chunky, Hunt's Manwich barbecue-flavored, Heinz classic recipe and Hormel Not-So-Sloppy Joe sauce. Each was intended for cooking with a pound ground beef.

TEST RUN

Manwich products topped the prices: chunky for \$1.89 and barbecue for \$1.59. Not-So-Sloppy Joe sauce matched the \$1.59 tag, while Heinz was most economical at \$1.19. Products were priced at Dierbergs.

Each received high marks. Manwich extra chunky left a smoky impression.

"I thought the sauce tasted a bit smoky, like really smoky barbecue sauce that was cooked over a wood fire," a tester said.

The consistency was as promised - thick and chunky.

"It also had nice pieces of onion and pepper. It was a nice meal," he said.

He would invest in the

easy meal again, but probably try a sweeter variety with less smoky seasoning because of a preference for a sweeter sauce. Even on a budget though, he thought the price was still right.

The Not-So-Sloppy-Joe also delivered up to expectation.

"My husband is a big fan of ground beef in mostly any form. He well appreciated this product. The consistency was perfect. It held up on whatever buns we used and delivered nice chunks of vegetables with the meat," a tester said.

It also tended toward a smoky, rather than sweet flavor. "He does not like a strong tomato flavor. This really filled the bill of what he likes, without going overboard in any direction," she said.

Manwich barbecue-flavored sloppy joe sauce also was a family favorite one night.

The flavor of the sauce was distinctive but sweeter than the barbecue sauce we generally use in or on other things. That wasn't a problem for anyone in the house," the dad who tested it said.

It fed a family of four,

including two young children, well. He would buy it, depending on price.

"I tend to forget prices and I wouldn't be brand-conscious on something like this, so I'd probably just compare it with what else was on the shelf at the time," he said.

Its ease of preparation was not lost on him or his wife.

"The mix was very convenient, fitting in nicely with our rather busy lifestyle. It added up to being easy to make and tasty," he said.

The Heinz product had more tomato flavor, the tester said. "I'd call this 'a classic' because it reminded me of the way I used to fix sloppy joes with ketchup and seasonings. It had a little less bite than mine would have gotten from a little sweet-and-sour seasoning and Worcestershire sauce. It had nice color and simple flavor," she said.

She decided it would appeal to those who like less complicated mixtures. "This was not thin, but more the consistency of a nice tomato sauce. It didn't clutter up the sauce with a lot of chunky vegetables either," she said.

Cranberries

Continued from page 1

and dried for snacks has generated new appreciation for the Thanksgiving dinner favorite.

Expect them to be tart on their own. Plain cranberries hold only 41 calories per cup, so sweetening usually adds the majority of calories when they are eaten.

However, chop a few berries from the bag and add them as a new flavor twist to quick sweet breads, muffins and fruit pie so the batter envelops them. Combining with fruit batters - like banana, apple, blueberry or

cherry - is enjoyable, but don't let chocolate put up a stop sign.

Cranberries are as irresistible as anything else covered by chocolate and chocolate chip muffins gain flavorful highlights with the fruit, too.

To add them to bread or cookies, chop them coarsely or process 3 cups (1 bag, 12 ounces) at a time in a food processor.

Fruit in the bag should be firm and plump, not withered. They can be kept two weeks in their store packaging. Just before using cranberries, rinse them in cool water and pick out any that may not be up to par.

Cranberries can be used straight from the freezer,

too, where they can be kept up to a year. Just place the whole bag in the freezer. When ready to use, rinse the frozen fruit, then use it without thawing. With this year's abundance and nothing-easier way of storing them, the flavor that has expanded beyond the autumn season can continue to be used in treats made at home right through the new century.

APPLE, PEAR AND CRANBERRY COBBLER

- 1 can (20 oz.) apple pie filling
- 1 can (16 oz.) sliced pears, drained
- 1/3 cup dried sweetened cranberries
- 2/3 cup orange juice
- 2 tsp. cornstarch
- 1/2 tsp. nutmeg
- 1-1/2 cups reduced-fat buttermilk baking mix
- 2 cup milk
- 2 tbsp. sugar
- 2 tbsp. butter or margarine, melted
- 2 tsp. sugar mixed with 1/4 tsp. nutmeg

Preheat oven to 400 degrees.

In 8-inch square baking dish, combine pie filling, pears and cranberries. Mix orange juice with cornstarch and nutmeg. Pour into baking dish. Blend gently with fruit.

In bowl, combine baking mix, milk, sugar and butter. Mix until just blended.

Spoon batter onto fruit in 6 equal portions, spacing slightly apart. Sprinkle with spiced sugar mixture.

Bake in preheated oven about 45 minutes until fruit is bubbly and biscuit topping cooked through. If necessary to prevent overbrowning, cover with aluminum foil halfway through baking.

Serve warm or at room temperature. Accompany with vanilla ice cream or frozen yogurt, if desired.

Makes 6 servings; 370

calories, 6 g fat, 25 mg cholesterol, 490 mg sodium, 71 g carbohydrate, 8 g protein and 6 g dietary fiber each, using 2 percent milk.

CRANBERRY GINGER OAT SCONES

- 1-1/3 cups flour
- 1 cup quick or old-fashioned oats (uncooked)
- 1/4 cup plus 1 tbsp sugar
- 2 tsp. baking powder
- 1 tsp. ground ginger
- 1/2 tsp. baking soda
- 1/2 tsp. salt
- 1/2 cup (1 stick) butter or margarine, chilled, cut in pieces
- 3/4 cup sweetened dried cranberries
- 1/3 cup plain yogurt
- 1 egg

Preheat oven to 400 degrees.

In large bowl, combine flour, oats, 1/4 cup sugar, baking powder, ginger, baking soda and salt. Mix well. Using fork or fingertips, work butter into flour mixture until particles are size of small peas. Stir in cranberries. Add combined yogurt and egg. Stir until soft dough forms.

Turn dough onto floured surface. Knead gently 8 to 10 times.

Transfer to ungreased cookie sheet. Pat into 8-inch circle. Sprinkle with remaining 1 tablespoon sugar. Cut in 8 wedges and separate wedges slightly.

Bake in preheated oven 12 to 14 minutes until light golden brown.

Separate wedges. Transfer to cooling rack. Serve warm. Makes 8 scones.

OATY CRANBERRY CHOCCHUNK COOKIES

- 2/3 cup butter or margarine, softened
- 2/3 cup firmly packed brown sugar
- 2 eggs
- 1-1/2 cups uncooked old-fashioned oats (see note)
- 1-1/2 cups flour
- 1 tsp. baking soda
- 1/2 tsp. salt
- 1 pkg. (6 oz.) sweetened dried cranberries
- 2/3 cup white chocolate chunks or chips

Preheat oven to 375 degrees.

In medium bowl, using electric mixer, beat butter and sugar until light and fluffy. Add eggs, mixing well.

In separate bowl, combine oats, flour, baking soda and salt. Add gradually to butter mixture, mixing well after each addition. Stir in cranberries and chocolate.

Drop by rounded teaspoonful on ungreased cookie sheet. Bake in preheated oven 10 to 12 minutes until golden brown.

Transfer to wire rack. Cool completely. Store tightly covered.

Note: If using quick-cooking oats, decrease flour to 1-1/3 cups.

Makes 2-1/2 dozen.

By Linda S. Rellergert
Correspondent

With the changing seasons, the parable of the wise ant and the foolish grasshopper comes to mind.

Wise ants busily stock pantry and fruit cellar with their garden's bounty to prepare for the cold winter.

Others who are act like a foolish grasshopper will not prepare for unexpected power outages or inclement weather. Whether the emergency stems from the hand of nature or man, preparation helps attack the unexpected with competence.

Those who follow the path of the wise ant store enough food for each member of the household to last three to seven days.

So its quality stays high, food should be rotated into the family meals, replacing the stored supply with recently bought items. Without a foolproof pantry plan, mark packages with date of purchase.

To be prepared for one week, keep at least 6 gallons of water per family member. Store water straight from the tap in clean, airtight, food-grade storage containers. Replace water every 6 months.

When planning an emergency food pantry, choose foods the family enjoys.

Write down the amounts family members usually eat at each meal. Buy food according to this list. Buy food in container sizes so it will be eaten completely in one meal to avoid having leftovers.

To conserve fuel, consider the amount of cooking time needed for each food. Choose foods that cook quickly, such as stir-fries rather than roasts. One-dish meals and canned foods that require only heating are also good choices.

Frozen foods are not the best choice. They require more cooking time and heat than canned goods. Also, if power is off, it is best to leave the freezer door closed to keep food from thawing.

Plan alternate cooking methods. Many foods can be skewered, grilled or wrapped in aluminum foil and cooked in a fireplace. Candle warmers or fondue pots heat foods, so stockpile candles beyond those to use for light.

Camp stoves and charcoal burners only should be used outside, because fumes can be deadly.

To conserve water, liquids from canned vegetables can be used instead of water in cooked dishes. Drained juice from canned fruits can replace some of the water in cereals, salads and desserts.

Waterless hand cleaners cut down on water needed for hand washing. Prepare and eat foods in their original containers, if possible, to reduce dishwashing.

If electrical power goes off, prioritize use of food. Eat foods from the refrigerator first. Foods most likely to spoil are meat, milk and soft cheese. Foods at room temperature more than 2 hours are not safe to eat.

How long food stays

from hot and cold depends on the freezer's size and the amount and kind of food in

it. A large freezer full of meat stays cold the longest. Frozen bags of water in a freezer help maintain the cold temperature.

For more information, Missouri residents can contact a local University Outreach and Extension office and request GH1506 "Freezer Problem Solver."

The right supplies help use foods effectively. Store a non-electric can opener, aluminum foil, paper plates, bowls and cups, plastic cutlery and paper towels. Prescription and nonprescription medications that family members use regularly should be available. Pets need food and water, too.

A typical emergency food pantry might include:

Dried and/or evaporated milk

Jars of processed cheese spread

Canned fruits and vegetables

Canned fruit and vegetable juices

Canned bean salad, potato salad

Canned baked beans

Dried fruits

Pasta, rice, cereals, crackers

Granola bars, pastry tarts

Canned meats and fish

Such as tuna, chicken, ham

Peanut butter

Unsalted nuts

Canned chili, hash, spaghetti, soup

Instant beverages

Baby food and formula, if needed

Home economist Linda S. Rellergert is nutrition specialist with University Extension (University of Missouri system) in St. Charles County.

Everyone ought to stock up in case of unexpected power cut

Today's Food

Hot Corn Casserole colored with pepper

Sue Arb, St. Louis County, wins this week's contest

BLUE RIBBON COOK

that rewards quick Tex-Mex recipes. Her prize of dinner certificates at the Pasta House Co. is for Hot Corn Casserole.

She offers several variations on this colorful dish. It can be made easily without attention over a long period of time in a slow cooker, but also needs just a quick heating in the oven or on a stove-top. For faster convenience, the fresh peppers and plain corn also can be replaced with canned mexi-corn.

A recipe for cookies should be postmarked by Oct. 31 to be considered as a possible winner one of the four Wednesdays in November. This is an opportunity to share a holiday favorite in time to be used by others for holiday baking, plus be rewarded at the Pasta House.

A single recipe should be sent to: Cookie Recipe

Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis 63131. It also can be e-mailed to westnews@primary.net

Winners will be chosen from entries on the basis of taste and eye appeal, as well as originality, although the recipe need not be original.

As usual, the history of the recipe will be considered part of the entry. If possible, name the recipe's source.

Type or print the recipe legibly on one side of the paper. Include name, address and telephone number on the entry. Name the Journal you receive.

Double-check the recipe as it is written for both amounts and directions. Include any variations that

make this dish special.

Winners are notified by mail. Duplicate entries will be considered on the basis of earlier entry or best compliance with the rules. Contest winners may enter again six months after their prize-winning publication date.

pepper
1 medium red bell pepper, diced
1 tbsp. milk
Garlic, salt and pepper to taste

Prepare in pan on stove-top, in oven or in slow cooker.

Melt butter. Add cream cheese. Heat until well mixed. Add corn, jalapeno and red pepper, milk, garlic, salt and pepper. Heat thoroughly.

Quicker method: Eliminate peppers. Use 6 cans of mexi-corn with peppers.

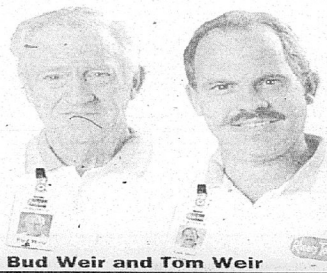
HOT CORN CASSE-ROLE

2 bags (16 oz. each) or 6 cans shoepeg corn
1/2 cup (1 stick) butter or margarine
1 pkg. (8 oz.) cream cheese
1/2 cup diced jalapeno

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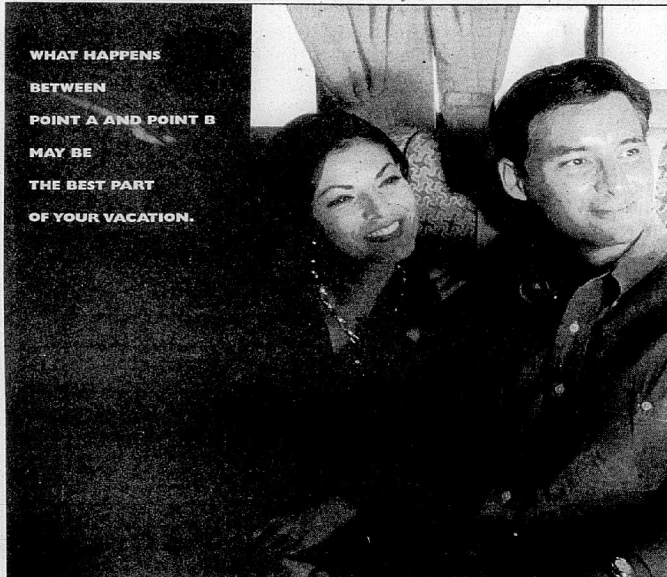
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SPIRAL VEGGIE SALAD

8 oz. uncooked spiral pasta
2 tbsp. vinegar
1/2 cup chopped onion
1-1/2 cups mayonnaise or salad dressing
3/4 tsp. salt, if desired
1/4 tsp. pepper
2 tsp. paprika
3 medium tomatoes,

cut in wedges
1/2 cup chopped green bell pepper
2 tbsp. pitted black olives, sliced
3 hard-cooked eggs, sliced
2 tbsp. snipped fresh parsley

Prepare pasta according to package directions. Drain well.
Combine onion and vine-

gar; let stand a few minutes. Add salad dressing, salt, pepper and paprika. Mix well. Mix pasta, tomato, green pepper and olives in salad bowl. Pour dressing mixture over all. Toss lightly. Chill salad several hours before serving. Garnish with egg and parsley. Makes 4 to 6 servings.

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Today's Food

Wild cards make time for busy cooking game

By Judy Merritt
Correspondent

Busy days are like a card game. First, cards must be dealt, but other

MICRO RAVES

Halloween, end-of-year holidays, millennium activities—wait to pounce at the slightest crack in the game of time.

One thing never varies. People are never too busy to be hungry. Quick one-dish meals are a winner for a family on the go.

Hearty soups, stews and casseroles are aces in a deck of speedy meals.

Add a salad or fruit, plus bread. Dinner can be on the table in minutes.

Whether a family eats together or in shifts, a microwave oven is a wild card to use as a kitchen bonus. Not only is food prepared quickly and cleanup minimal, but leftovers are reheated quickly, too.

Healthy, hearty soup is a keeper for the main course. Vegetables retain color and flavor in a microwave oven.

Partially cooking vegetables before adding to other ingredients jump-starts soup or stew.

Place vegetables in a microwave-safe casserole, add a minimum of liquid, and microwave on high power 3 to 4 minutes until tender.

After blending the partially cooked vegetables with other ingredients, finish the cooking. The results of trying to replicate a thick, rich potato soup enjoyed at restaurant on my vacation this summer were worth a little experimentation. A microwave oven was the ideal way to re-create this culinary delight.

The base for the soup is a white sauce, which is faster and easier to make in a microwave oven than on a stovetop. Sauces require high power, regular stirring

and a large cooking container. Using a large dish eliminates boilovers.

For a sauce to thicken, starch granules must swell with boiling, so high power is required.

As the granules swell, they should be distributed, so they thicken evenly.

Home economist Judy Merritt specializes in microwave cooking.

POTATO SOUP

4 slices bacon
3 or 4 medium red potatoes, pared and cubed
3/4 cup water
1 cup sliced carrot
1/2 cup finely chopped celery
1/4 cup chopped onion
1/2 cup (1 stick) margarine
1/2 cup flour
1/2 tsp. salt
1/2 tsp. pepper
1/2 tsp. dry mustard
1/4 tsp. garlic powder
4 cups milk
1/4 cup (1 oz.) grated cheddar cheese

On plate, place paper towels under and over bacon. Microwave on high power 2 to 3 minutes. Set aside.

Place potatoes and 1/2 cup water in microwave-safe casserole. Microwave, covered, on high power 10 to 12 minutes until potatoes are fork-tender; they continue to cook while they "rest."

Combine carrot, celery, onion and 1/4 cup water in microwave-safe casserole. Cover tightly. Microwave on high power 2 to 3 minutes. Let rest.

In 2-quart microwave-safe casserole, cook margarine on high power 45 seconds

until melted. Stir in flour, salt, pepper, dry mustard and garlic powder until it becomes smooth paste. Using wire whisk for blending, stir in milk. Microwave on high power 8 to 10 minutes until thickened, stirring twice to combine starches and liquids.

After sauce thickens,

blend in potato, carrot, celery, onion and bacon, which has been crumbled. Simmer on medium-high (70 percent power) 5 minutes.

Top each bowl of this hearty soup with generous tablespoonful of cheese. Makes 4 servings.

Transplanting Tips
by the experts atFRANK'S
NURSERY & CRAFTS

Where Beautiful Things Begin

It is a seldom, if ever, disputed fact that fall is the ideal time for planting. Naturally, it stands to reason that when it comes to transplanting, fall wins again. If you've been wanting to move some plants around for whatever reason, now's the time.

Digging up a plant and moving it doesn't have to be a death sentence for it, although it's happened far too often. Many people have tried this procedure, only to slowly watch the beauty of the plant dwindle away to nothing. Why does this happen? Failure to follow the proper procedure. Read these tips on how to do it and you should be able to enjoy healthy, beautiful plants just about anywhere in your yard.

First of all, the best time as far as the plant's concerned to transplant is when it's still small. It's easier for you and the plant will recover faster. Of course that's not always possible, and more often than not you're faced with moving a plant that's been around a few years. Slightly more work, but not a problem.

First, select the new site for the plant and dig the hole. This way the plant won't be left lying around while you choose a site and prepare it. Prepare the soil exactly as you would when planting a new tree or shrub. Bone meal, for example, should be mixed with the soil.

Carefully dig around the base of the plant to be moved, but not too close. The distance depends on the age of the plant and the size of its root system. Remember one thing: Adequate soil around the plant's roots is very important. A plant that is moved carefully, with as much soil as possible left intact has a much better chance of survival. Don't overdo it, though, or you'll have a tough time lifting it.

It's virtually impossible to remove a plant without disturbing a single root. Your objective is to cut

the least amount of roots as you can. Roots supply nourishment to the plant, and excess removal of them can be harmful.

Keep the roots moist at all times. That's why it's better to choose a cool, overcast day to perform this task. On a hot, sunny day, you'll have to wet the roots more often.

Don't allow the plant to remain out of the ground any longer than absolutely necessary. This is the main reason for having the new site prepared in advance. While the plant is out of the ground, its roots should not be exposed to wind or sunlight.

Place the plant in its new location, following the same steps you did when planting it originally. Stake it if it's small enough to be subjected to wind damage. Water it thoroughly.

Here's a tough rule to follow, but it's important. The overall growth of the plant should be cut back by about a third. If you don't perform this step, the tree or shrub may look okay at first, but may soon go into a relapse. Recovery can be delayed considerably. By cutting the growth back by a third, there will be sufficient roots to nourish the smaller amount of plant growth. Wait until the plant has gone dormant before doing any cutting, though. Once its leaves begin to fall, it's safe to do so.

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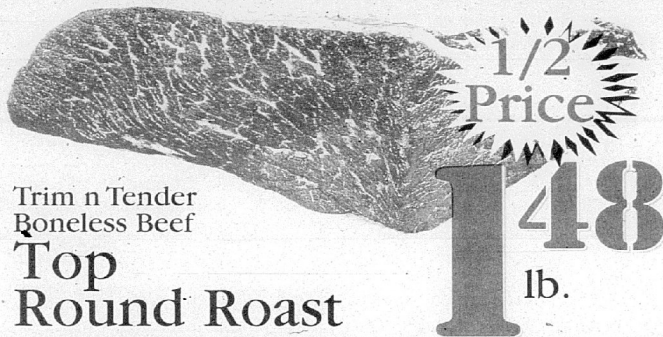


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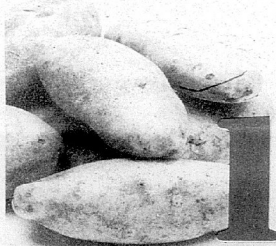
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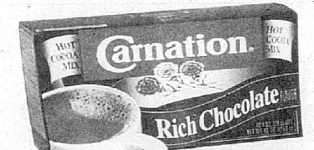
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Today's Food

Road to control of diabetes full of smart information

By Jack Loomstein
Correspondent

MEDICINE CHEST
Standards for diagnosing diabetes are changing. People are assessed according to stricter standards at a younger age. This should result in fewer disease complications in the long run. New goals of aggressive treatment of diabetes are a fasting blood glucose level between 70 and 100 mg/dl, a pre-meal blood glucose reading of 70 to 100 mg/dl, a reading of 140 mg/dl or less one hour after meals. It is part of a patient's responsibility to try to maintain tight control of levels.

There are aids. Because of the nature of the disease, a person with diabetes is his or her own primary caregiver. It is necessary to know where one is heading so the route of travel can be planned. The more learned about the disease, the easier it is to travel to the destination. Ask questions, set your own goals of therapy and use whatever resources are available to help attain those goals. This may mean demanding a doctor's time to teach ways to live with diabetes and to adjust medicine to achieve everyday goals. Join the American Diabetes Association.

Subscribe to some of its magazines on diabetes subjects and read them. Another helpful thing is to inform others of what has been learned. Anyone else who is diabetic desperately needs to hear this information, too. This is for the sake of their well being, as well as for the sake of intelligent treatment. People at risk for diabetes should not bury their heads in the sand and say, "I don't want to know."

There is new criteria for diagnosis with positive outcomes when patient and doctor actively work together in the treatment. Diabetes is only a word; it need not be a sentence to death. Life with it can be good, rich, happy and fulfilling.

Registered pharmacist Jack Loomstein is a certified diabetic educator.

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—Zachary Scott

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Today's Food

New cookbook gives quick cooking inspiration

By Janice Denham
Staff writer

Open the main section of a new, locally produced cookbook and the components of an entire meal and its recipes appear, waiting to inspire and help prepare dinner. In other words, "It's a

Snap!"

Members and friends of St. Peter's Episcopal Church The book developed it for Haven of Grace, a shelter for young, homeless mothers-to-be.

Fiona Woods, cookbook editor, says, "There is a very strong educational compo-

nent when women stay at the haven. Up to eight moms with their babies and any other children they have can live there at one time."

They rotate household duties. That means they plan and cook meals each night.

"They can learn components of cooking and meals with the book while they stay there and take a new book with them when they move," she explains.

The book intends to give them a feeling of confidence and continuity as they become individual family units.

During the past 11 years, Haven of Grace has served more than 270 young women and their families.

In addition to its creative

organization, symbols on each recipe help organize types of foods - protein, carbohydrate and fruit or vegetable - to provide a nutritionally balanced meal.

A copy of "It's a Snap!" costs \$18. It is available at the church or can be ordered for mailing with an additional \$4 for handling. Orders can be sent to: It's a Snap!, St. Peter's Episcopal Church, 110 N. Watson Road, St. Louis, MO 63124. If it is sent as a gift, enclose information for a gift card.

RICH AND CREAMY HOT FUDGE SAUCE

In heavy saucepan, combine 1 can (12 ounces) evaporated milk, 1/2 cup sugar, 2 tablespoons butter or margarine and 2 tablespoons corn syrup. Bring to boil over medium heat, stirring constantly. Reduce heat to low. Cook and stir 3 minutes. Remove from heat. Stir in 1-package (12 ounces) semi-sweet chocolate chips and 2 teaspoons vanilla until thick and smooth.

Serve sauce over ice cream.

Makes about 3 cups.

HALIBUT ROYALE

1 cup dry white wine
1 tsp. salt
1-1/2 lb. halibut
steaks, thawed if necessary
1/4 cup fine dry bread crumbs
1/2 cup sour cream
1/2 cup mayonnaise
1/4 cup minced green onion
Paprika

Combine wine and salt. Pour over halibut. Marinate

in refrigerator at least 1 hour, up to 4 hours.

Preheat oven to 450 degrees. Butter or grease shallow baking dish.

Drain halibut on paper towels. Discard marinade. Dip both sides in bread crumbs.

Place in prepared baking dish.

Combine sour cream, mayonnaise and green onion. Spread over halibut.

Sprinkle with paprika. Bake in preheated oven 10 minutes per inch of thickness, measured at thickest part, or until halibut flakes when tested with fork.

Makes 4 servings.

GARLIC BREATH CHICKEN

1 packet (1 oz.) garlic Italian salad dressing mix
1/2 cup grated parmesan cheese
6 chicken breasts, skinned, boned

Preheat oven to 400 degrees. Lightly grease shallow baking dish.

In bowl, mix together dressing mix and parmesan cheese.

Moisten chicken with water, then dip into dressing mixture to coat well on both sides.

Place in prepared dish. Bake in preheated oven 25 minutes or until cooked through.

GARLIC BREATH CHICKEN

1 packet (1 oz.) garlic Italian salad dressing mix
1/2 cup grated parmesan cheese
6 chicken breasts, skinned, boned

Preheat oven to 400 degrees. Lightly grease shallow baking dish.

In bowl, mix together dressing mix and parmesan cheese. Moisten chicken with water, then dip into dressing mixture to coat well on both sides.

Place in prepared dish. Bake in preheated oven 25 minutes or until cooked through.

Makes 6 adult servings.

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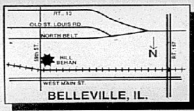
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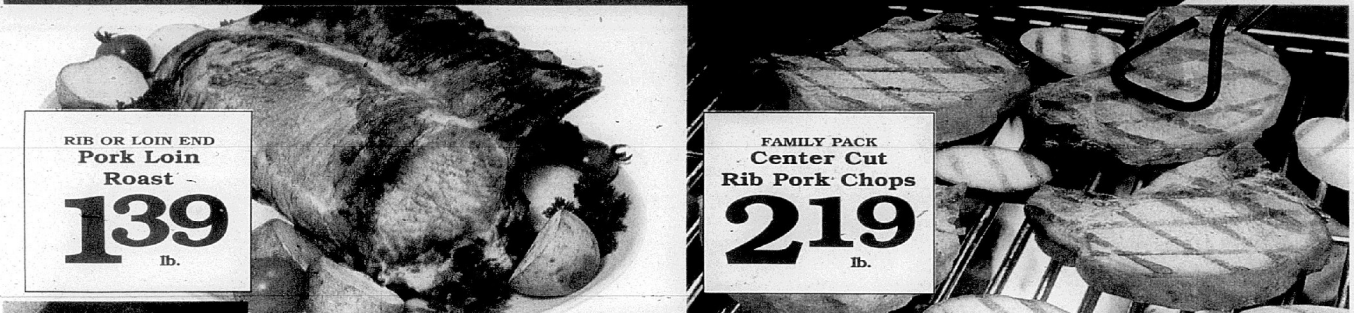


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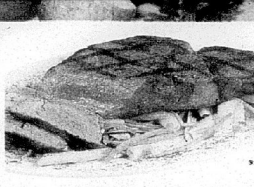


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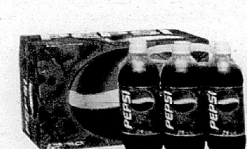
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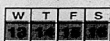
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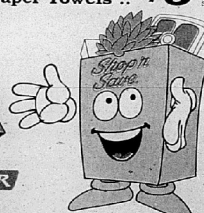
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Automotive

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Nissan Xterra

Tough functional, competitively priced

By Tom Strongman

The rugged look of Nissan's Xterra reminds me of a Swiss Army knife. Guess that makes sense, since Nissan says it was designed to be a toolbox for life. This image is enhanced by the black plastic front fascia, fender flares and raised roof. Practical options such as an indoor bike rack, floor tie-down hooks, ceiling tie-down clips and a built-in first aid kit enhance the Xterra's real-world usefulness. With the over-size roof rack and gear basket on the roof, Xterra looks capable of tackling the Amazon jungle.

A similar image has been commercialized by Land Rover for decades, but this is a new approach for an entry-level sport-utility vehicle. Based on reactions around my household, the Xterra resonates with young, Gen-X buyers immediately.

On top of that, it is priced competitively with vehicles such as the Toyota RAV4, Suzuki Vitara and Honda CR-V, yet it is bigger and more trucklike. This truck-based character seems to heighten its appeal for those who want an SUV to function as an extension of their

active lifestyles.

The cab, front-end and 104.3-inch wheelbase frame come directly from Nissan's Frontier pickup, which is built in Smyrna, Tenn. Nissan says that sharing components and body parts with the Frontier results in cost savings. Xterra pricing starts at \$17,349 and ranges to \$24,549 depending on trim levels and engine choice.

Two engines, a 2.4-liter four-cylinder with 143 horsepower or a 3.3-liter V-6 with 170 horsepower, are available with either a five-speed manual or automatic transmission. Two- or four-wheel drive is also available.

Our test vehicle from Nissan's press pool was a V-6 with five-speed transmission and two-wheel drive. The V-6 has ample power, but the manual seems to make the engine feel somewhat coarser than it does with the automatic.

Two-wheel-drive SUVs present a real puzzle, particularly in climates like ours where the winters are not generally severe. Two-wheel drive costs an option, and the majority of our driving is on dry pavement.

But as I found with our test car, two-wheel drive can be skittish

even on rain-slicked streets, much less snow. To me, four-wheel-drive and SUVs go hand-in-hand because driving all four wheels is more stable, and with a vehicle like the Xterra, it will be more capable on the kind of gravel roads and off-road paths that outdoorsy folks are likely to frequent. I would bite the bullet and spend the extra \$2,000.

In keeping with its functional emphasis, Xterra's interior is nearly identical to the Frontier pickup, but our test vehicle had an upgraded stereo that was larger and easier to use.

Cruise control buttons are mounted on the steering wheel, but the master switch, along with the rear-window wiper button, is placed low on the left side of the panel where it is awkward to see and reach. Seats were good, and while I was not crazy about the upholstery pattern, its hard surface made sliding in and out easy, plus it should repel dirt. Neoprene seat covers are an option, and I think they would be great.

Although I didn't do active lifestyle stuff with the Xterra, I did discover an unusual drawback to fold-

ing down the back seat. The bottom seat cushions have to be removed and stored elsewhere, something I haven't seen before. They are light and easy to handle, but I would rather they pivot forward.

The rest of the cargo space is well thought-out and includes a second power outlet that can be useful when camping or blowing up soccer balls.

Also handy is an indentation in the tailgate that holds a first-aid kit or other small objects. By sharing many components with the Frontier to keep costs down, and by emphasizing function over price, Nissan has blazed a trail with Xterra that others may seek to follow. It seems to run counter to the current trend of building entry-level SUVs on car platforms, but I think it will succeed because it is different, spacious and practical.

The base price of our test vehicle was \$18,499. Options of power windows, power locks, remote keyless entry, roof rack, alloy wheels, side steps and cargo hooks brought the sticker price to \$22,195.

The warranty is for three years or 36,000 miles.

Suburban Journals Classified

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100 HEAVY-DUTY TRUCKS

Fall Into Great Buys At Sunset Ford



Ford Factory is Sold Out so HURRY In For Best Selection and SAVE!

- 99 F-350 REG. CAB 4x2 XLT #23246**
Diesel, 6 Speed, Loaded, Was \$30,090.....Now **\$23,983**
- 99 F-350 REG. CAB 4x2 XLT #25615**
Diesel, 6 Speed, Loaded, Was \$29,990.....Now **\$23,883**
- 2000 F-250 SUPERCAB 4X4 XLT #28214**
S-4, Auto, Loaded, Was \$31,690.....Now **\$28,983**
- 99 F-250 CREWCAB 4X4 LARIAT #24209**
Diesel, Auto, Loaded, Was \$42,754.....Now **\$36,983**
- 2000 F-350 SUPERCAB 4x4 XLT #27930**
S-4, Auto, Loaded, Was \$33,015.....Now **\$29,983**
- 99 F-250 REG. CAB 4x2 XL #27722**
Diesel, 6 Spd, Loaded, Was \$27,380.....Now **\$22,883**
- 99 F-250 REG. CAB 4x2 SERVICE BODY #25415**
V8, Auto, A/C, Was \$26,625.....Now **\$22,983**
- 99 F-350 12' STAKE BODY #28269**
V-10, Auto, Limited Slip, Air.....Now **\$24,483**
- 2000 F250 SUPERCAB 4X4 LARIAT**
Diesel, Auto, Loaded, Was \$37,840.....Now **\$33,983**
- 2000 F350 SUPERCAB 4X4 LARIAT DRW**
Diesel, Auto, Loaded, Was \$39,875.....Now **\$35,683**

Don't Close The Deal Til' Sunset!

Sunset Ford
843-4431

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'98 Dodge Grand Caravan ES Leather, Stereo, Dual A/C, 14,950. **010 DODGE**
'98 Dodge Stratus ES, 14,950. **010 DODGE**
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320 HELP WANTED

RADIOLOGY TECHNOLOGIST
Seeking to fill positions in Metro-East Hospital Radiology Dept. Part time position 32 hours per week. Evening/High rotation and PRN position-rotating all three shifts, no guaranteed hours, no benefits. Part time position includes part time benefits. Applicant must be ART registered and IDNS license unrestricted and have formal Radiologist tech training in AMA approved school to apply, please send resume to or step by ther.

ANDERSON HOSPITAL
6800 Illinois Route 152
Mayville, IL 62057
(618) 288-5711 Ext. 215
E.O.I.

330 MEDICAL & HEALTH CARE

RECEPTIONIST

Providence Occupational Health Clinic, affiliated with St. Elizabeth's Medical Center, has a full time Receptionist position available. Monday thru Friday days. High school graduate or equivalent experience required. Minimum of one (1) year experience in clinic or medical office setting preferred. Typing skills and computer skills. Must have excellent customer service skills. Please send resume to Human Resources: **St. Elizabeth's Medical Center**, 2100 Madison Ave, Granite City, IL 62040 (618) 798-5253. An Equal Opportunity Employer

330 MEDICAL & HEALTH CARE

TRANSCRIPTIONIST HEALTH INFORMATION SERVICES

St. Elizabeth's Medical Center, a mid-size metro-east medical center is looking for a qualified individuals to fill full-time & part-time positions. Applicants must have at least one to two years' experience of medical transcription, medical terminology and type 60 to 70 w.p.m. required. Interested? Please send resume to Human Resources Department: **St. Elizabeth's Medical Center**, 2100 Madison Ave, Granite City, IL 62040 (618) 798-5253. 1-800-559-9992 ext. 3253. An Equal Opportunity Employer

Production Assistant

The area's largest circulation of weekly publications located in Town & Country is in search of a Production Assistant. Duties to include: the planning of advertising layout, the planning of advertising layout, the planning of advertising layout. 40 hour work week. 40k/ann. Health benefits. Vacation benefits.

This position will require communication with our Advertising Staff and the staffs of our newspapers and those interested may forward resume along with salary requirements to the attention of: **Production Assistant**, 1714 Duane St., St. Louis, MO 63103

World Premiere Coming to Chesterfield, MO

The Chesterfield premiere of the world's most unusual car show, "The World's Most Unusual Cars," is a collection of over 30,000 years of history, many prototypes, and other rare cars. The show is a must-see event. Bring your credentials and be prepared to dazzle us with your abilities. Positions available at: **Store Manager**, **Floor Supervisor**, **Operations Manager**, **Team Leads**, **Mid-level**, **Customer Sales Associates**. Loss Prevention. The Most Exciting & Challenging Job You'll Ever Have!

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- Associate with quality for different benefits.

WE'RE HIRING DRIVERS!

EARN \$500 Training Bonus \$250 Referral Bonus
Apply for a First Shift Driver

Immediate openings are available. Start your seniority with us now! A position with ATLANTIC EXPRESS IS JOB SECURITY.

ATLANTIC EXPRESS OFFERS:

- Wages well above the industry standards
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- Paid holidays
- Free Life Insurance

ATLANTIC EXPRESS OF MISSOURI, INC.

Call our St. Louis terminal office or apply in person

(800) 336-3886 ext. 647

320 HELP WANTED

EARLY CHILDHOOD TEACHER AIDE

St. Elizabeth's Hospital Child Care Center. St. Elizabeth's Hospital is seeking a dynamic child care worker to join our Child Care Center team. We have an immediate opening for a **Part-time Early Childhood Teacher Aide**. This is a part-time day shift position (Mon/Wed/Fri 12:30 p.m. to 3:30 p.m. and Tues/Thurs from 12:30 p.m. to 2:30 p.m.).

Candidates will work 26 hours every two weeks. Child care course work or equivalent work experience required. St. Elizabeth's Hospital offers competitive wages, tuition reimbursement, and complete benefits package. Interested candidates may apply in person or forward a resume to Human Resources Department: **St. Elizabeth's Hospital**, 211 South Third St., St. Louis, MO 63103 (618) 288-5711 Ext. 1222. An Equal Opportunity Employer

DRIVERS - OTR

All commercial all over freight. No tonnage or unloading. No backhauls. No overtime. No sharing paid holidays. Paid vacation. No sick pay. Home most weekends. Main office at 1st, 2nd, 3rd, 4th, 5th, 6th, 7th, 8th, 9th, 10th, 11th, 12th, 13th, 14th, 15th, 16th, 17th, 18th, 19th, 20th, 21st, 22nd, 23rd, 24th, 25th, 26th, 27th, 28th, 29th, 30th, 31st, 32nd, 33rd, 34th, 35th, 36th, 37th, 38th, 39th, 40th, 41st, 42nd, 43rd, 44th, 45th, 46th, 47th, 48th, 49th, 50th, 51st, 52nd, 53rd, 54th, 55th, 56th, 57th, 58th, 59th, 60th, 61st, 62nd, 63rd, 64th, 65th, 66th, 67th, 68th, 69th, 70th, 71st, 72nd, 73rd, 74th, 75th, 76th, 77th, 78th, 79th, 80th, 81st, 82nd, 83rd, 84th, 85th, 86th, 87th, 88th, 89th, 90th, 91st, 92nd, 93rd, 94th, 95th, 96th, 97th, 98th, 99th, 100th, 101st, 102nd, 103rd, 104th, 105th, 106th, 107th, 108th, 109th, 110th, 111th, 112th, 113th, 114th, 115th, 116th, 117th, 118th, 119th, 120th, 121st, 122nd, 123rd, 124th, 125th, 126th, 127th, 128th, 129th, 130th, 131st, 132nd, 133rd, 134th, 135th, 136th, 137th, 138th, 139th, 140th, 141st, 142nd, 143rd, 144th, 145th, 146th, 147th, 148th, 149th, 150th, 151st, 152nd, 153rd, 154th, 155th, 156th, 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